



PLAN TO PLATE

How hospitality brands and operators can interrupt, engage and influence the customer journey

Volume 5 | Feb-April 25

Introducing the 'Plan to Plate' consumer tracker from KAM

Data for this wave was collected in May 2025, analysing consumer behaviour for the period Feb-April 25, from a sample size of 1,000 nationally representative UK adults (18+)

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Every six months, KAM will track and trend UK consumer behaviour from 'plan to plate', understanding every touchpoint of their journey within hospitality.



Bi-annual
tracker from
KAM



Nat Rep
sample of UK
adults (+18)



Latest wave of
research
conducted



Upcoming
waves this
year

THE PLAN TO PLATE CUSTOMER JOURNEY

From their initial decision to go out, to their in-venue influences and their on-going engagement and future loyalty.



Evaluation

Understanding how customers decide on which venues to eat & drink out at and how we can impact their decision process.



Influences

We have the ability to control and influence visit frequency, spend, dwell time, loyalty and social engagement. Discover what tools are most impactful.



Engagement

Discover how customers behave when in-venue, and how each customer touchpoint (menus, staff, POS & tech) engages and influences their decisions.

Executive summary.



The *Plan to Plate* report by KAM (Feb–Apr 2025) analyses UK hospitality consumer behaviour from planning to post-visit engagement. Based on a nationally representative sample of 1,000 adults, it tracks visit frequency, decision drivers, and emerging trends.

UK adults visited pubs, bars, and restaurants an average of 5.7 times per month, with Fridays and Saturdays as peak days. Food quality is the top driver for venue choice, followed by atmosphere, value, and location for drinks. Digital discovery dominates, with internet searches and Google Maps as the most common tools for finding venues, while menus and social media play significant supporting roles.

In-venue, menu descriptions, especially phrases such as *local*, *fresh*, and *seasonal* are influence customer choices more than price. While less than half of customers reported receiving staff recommendations, most are open to them, suggesting untapped potential for upselling. Technology adoption is growing, with over 50% of guests using QR codes or digital screens for browsing menus, ordering, and payments. Loyalty program engagement remains limited, though those involved are significantly influenced to return.

Overall, the report highlights cautious yet resilient consumer confidence, emphasizing opportunities for operators to leverage digital tools, staff influence, and loyalty schemes to boost engagement and drive repeat visits.



Blake Gladman, Strategy & Insight Director, KAM

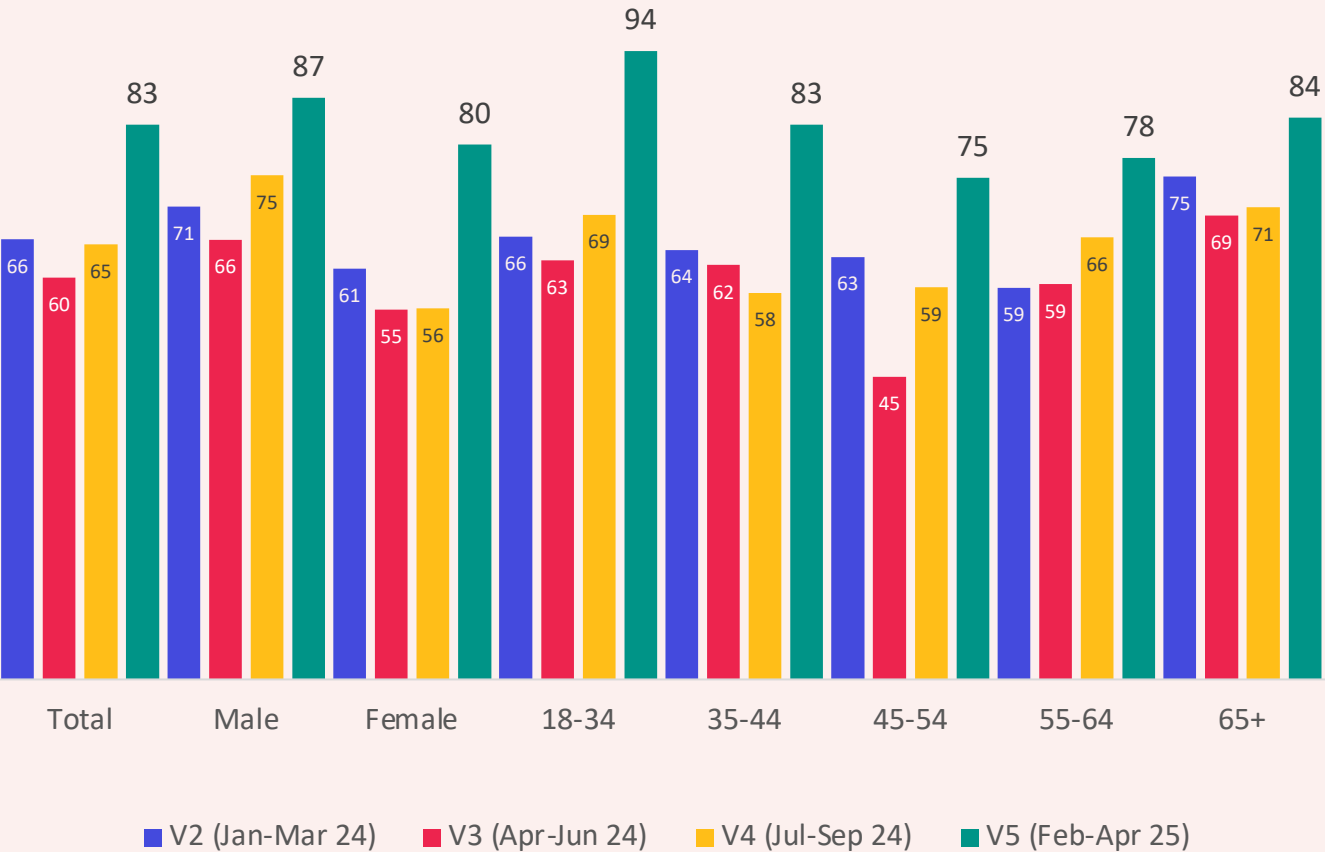
KAM Hospitality Consumer Confidence Index.

Introducing the new KAM Hospitality
Consumer Confidence Index.

Based on the following consumer question:

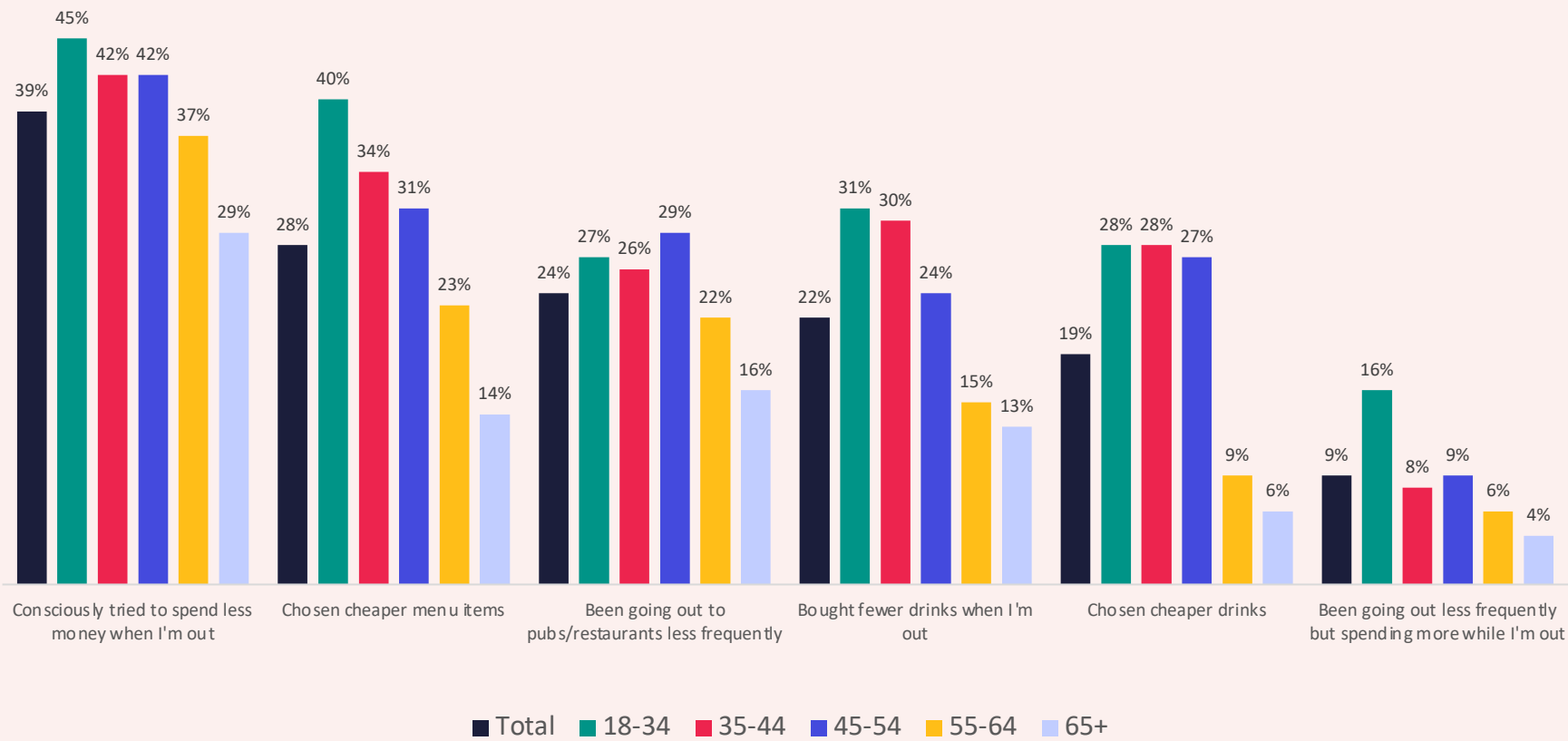
*Q. Thinking about the next 3 months ahead, how
confident are you that you will have money to
spend on going out to pubs, bars and restaurants
as often as you would want to?*

Index calculated by taking the % of those saying
they not confident from the % of those saying they
are confident. Max confidence = 100, minimum
confidence = 0.



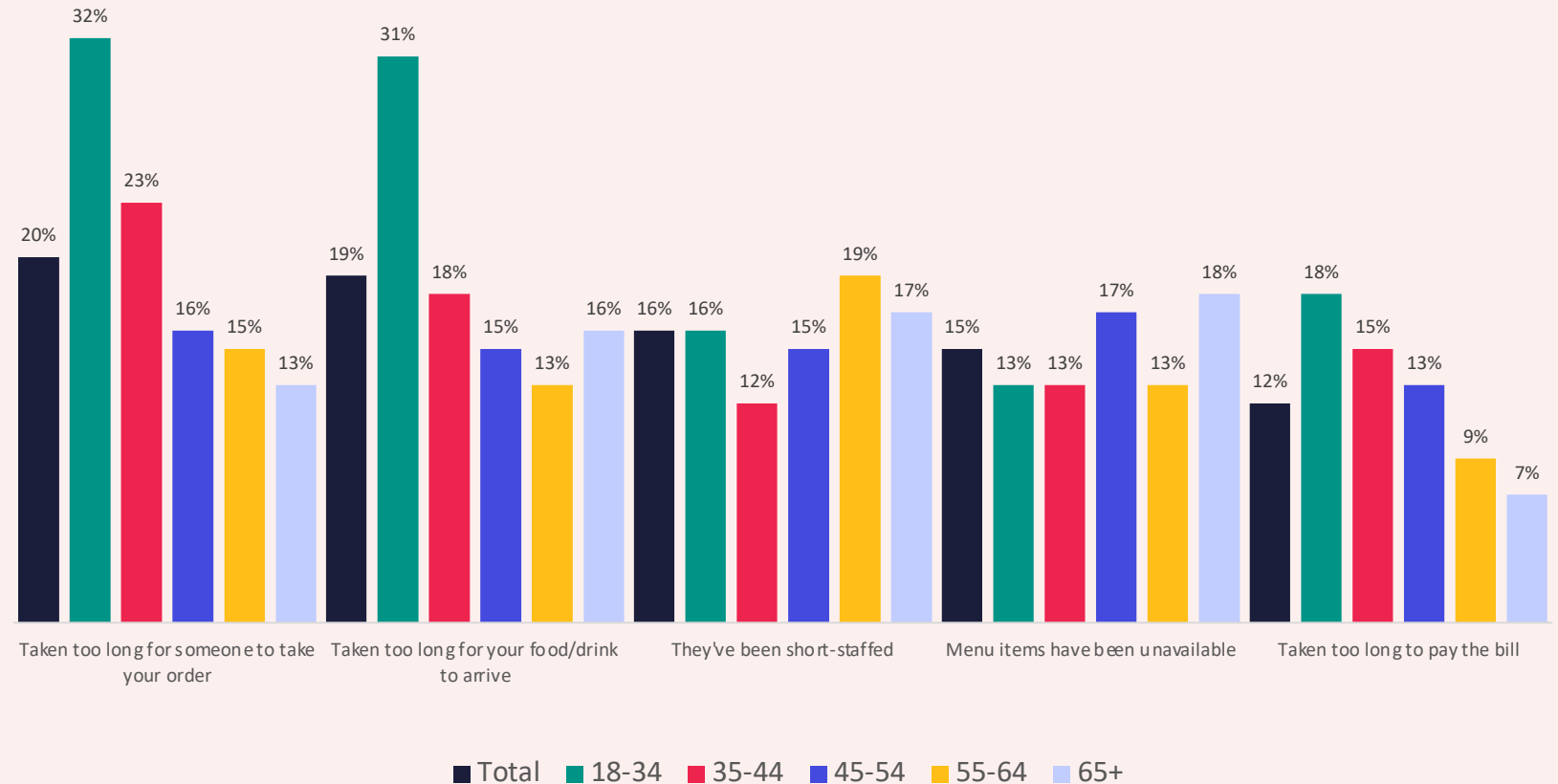
Short-term changes in consumer behaviours.

Have the recent rises in costs meant that UK consumers have made any short-term changes when visiting pubs/restaurants in the last 3 months?



Consumers' hospitality pain points in the last 3 months.

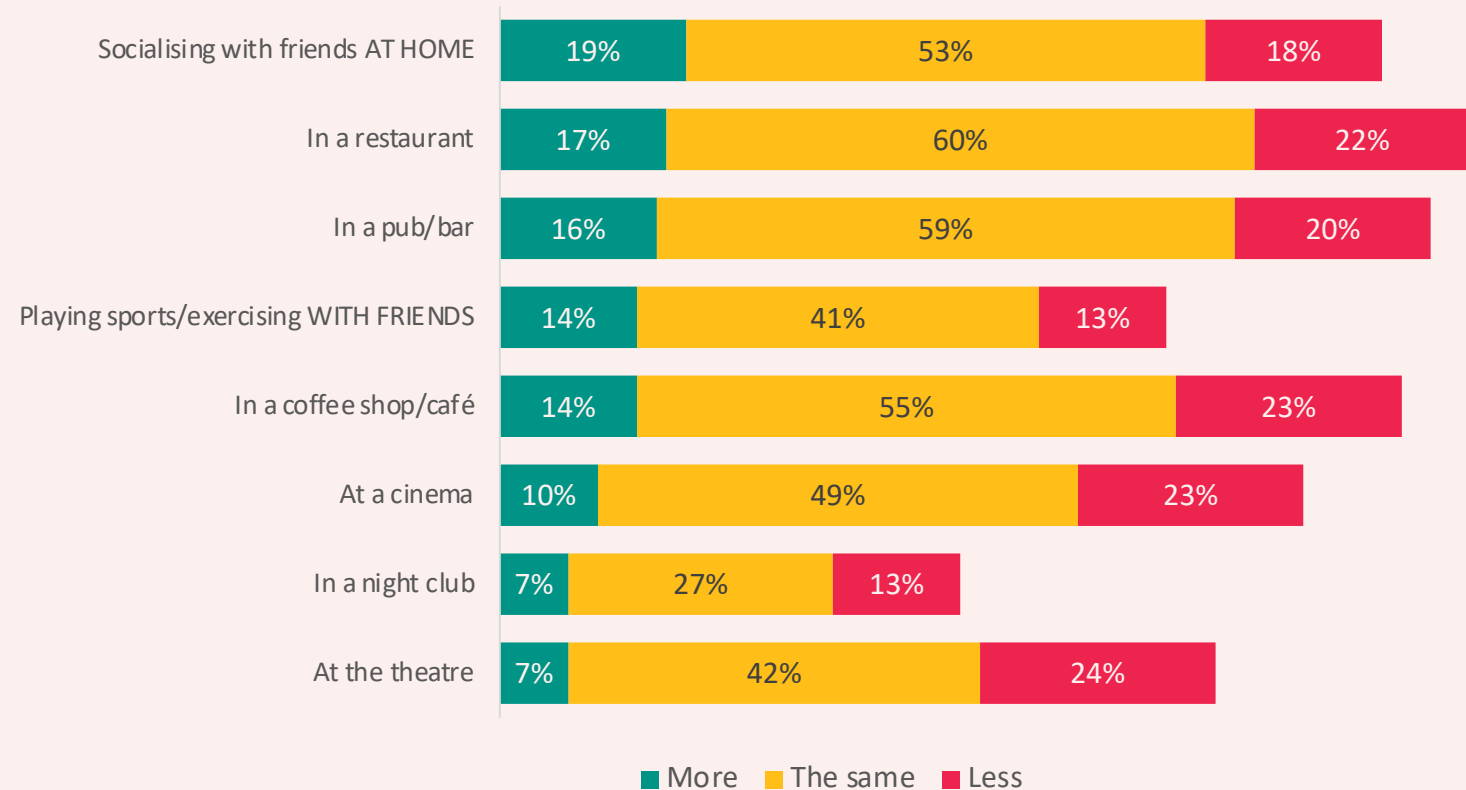
Which of the following have happened to consumers when visiting a restaurant or pub/bar in the last three months?



Consumer social occasions in growth/decline

Breakdown of whether they have spent more, less or the same amount of time doing the following, in the last 3 months, than usual

Q Have you spent more, less or the same amount of time doing the following, in the last 3 months, than usual?



CONTENTS



The Customer Journey

1 Evaluation

Understanding how customers decide on which venues to eat & drink out at and how we can impact their decision process.

2 Influences

We have the ability to control and influence visit frequency, spend, dwell time, loyalty and social engagement. Discover what tools are most impactful.

3 Engagement

Discover how customers behave when in-venue, and how each customer touchpoint (menus, staff, POS & tech) engages and influences their decisions.

Customer Factors

4 Need State

What do I want (food and/or drink) and what needs am I attempting to satisfy?

5 Budget

How many drinks / dishes do I want and how much money am I prepared to spend?

6 Time

How much time have I got to spend here?

7 Party Size

How many people are with me and who is with me (e.g. vegetarians, non-drinkers, children, etc.)?

Tools of Influence

8 Point of Sale

The impact of varying point-of-sale messaging on customer behaviour.

9 Staff

The role staff can play in educating, engaging and influencing the customer journey.

10 Menu

The importance of the food and drink menus - informing and influencing.

11 Technology

How technology in-venue can be the conduit between customer demands and staff capabilities.

12 Loyalty

Encouraging customers to leave reviews and the role of loyalty schemes in driving footfall to venues.

PLAN TO PLATE.



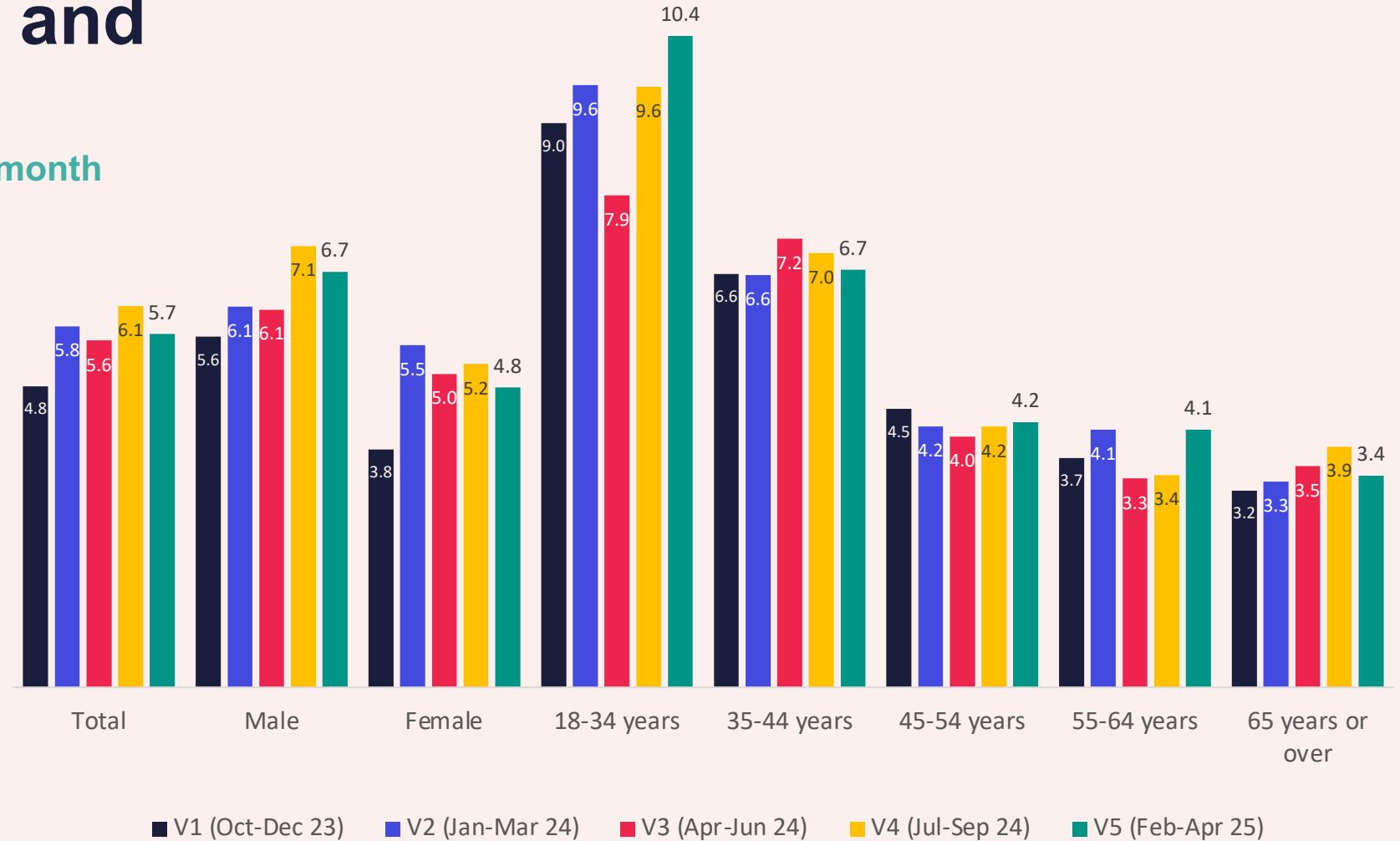
Evaluation

Understanding how customers decide on which venues to eat & drink out at and how we can impact their decision.

Visit frequency to UK pubs, bars and restaurants.

Average visit frequency per month

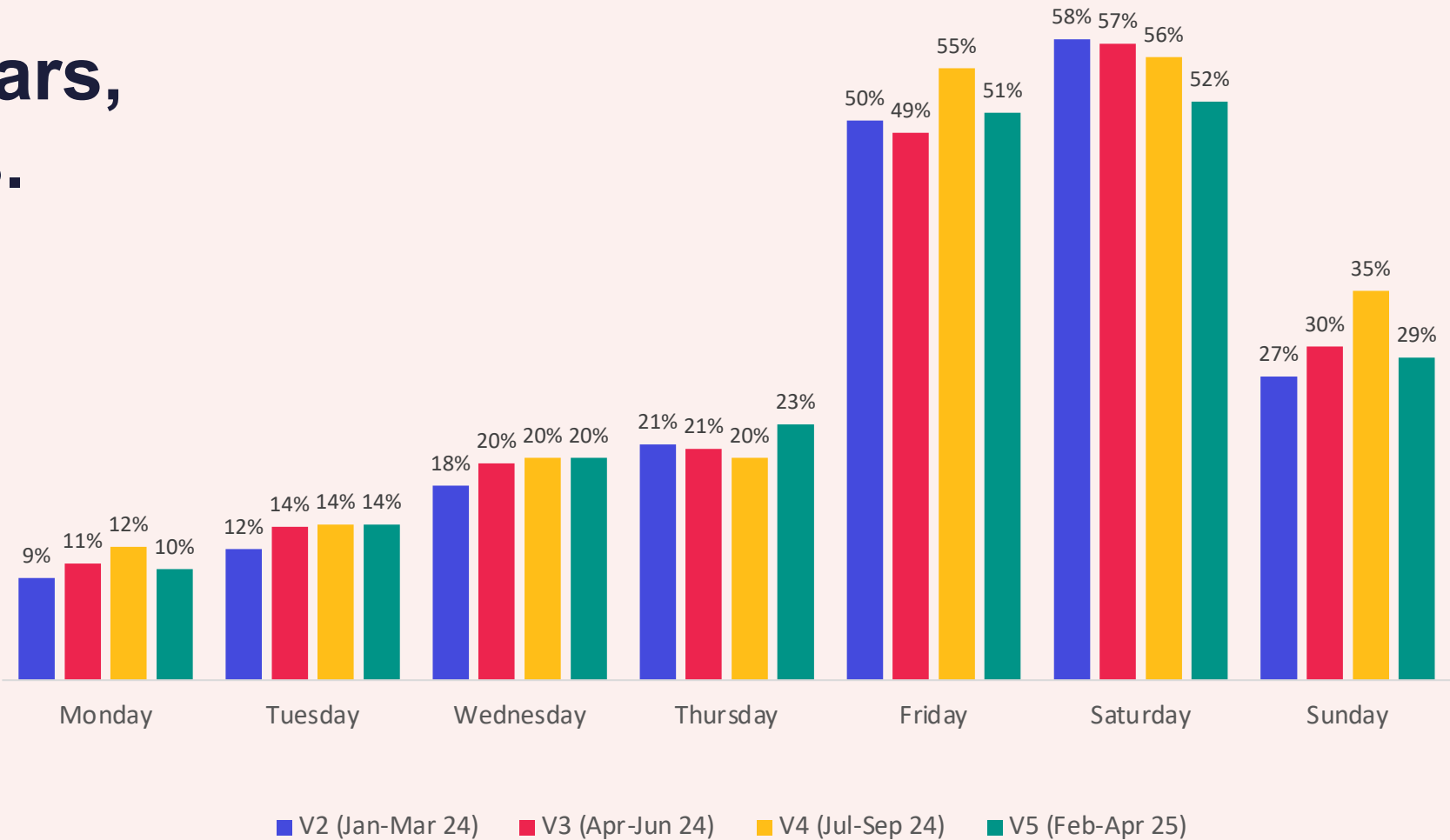
The average UK adult (+18), visited a pub, bar, or restaurant, for food and/or drinks, 5.7 times per month, for the period Feb-Apr 25, with highest visit frequency for males and 18-34s.



Q. How often have you been out for food and/or drinks in pubs, bars and restaurants in the last 3 months?

Most popular days of the week for visiting pubs, bars, and restaurants.

Friday and Saturday are the most popular days of the week.



Q. What day(s) of the week do you most go out to eat / drink at a pub, bar or restaurant?

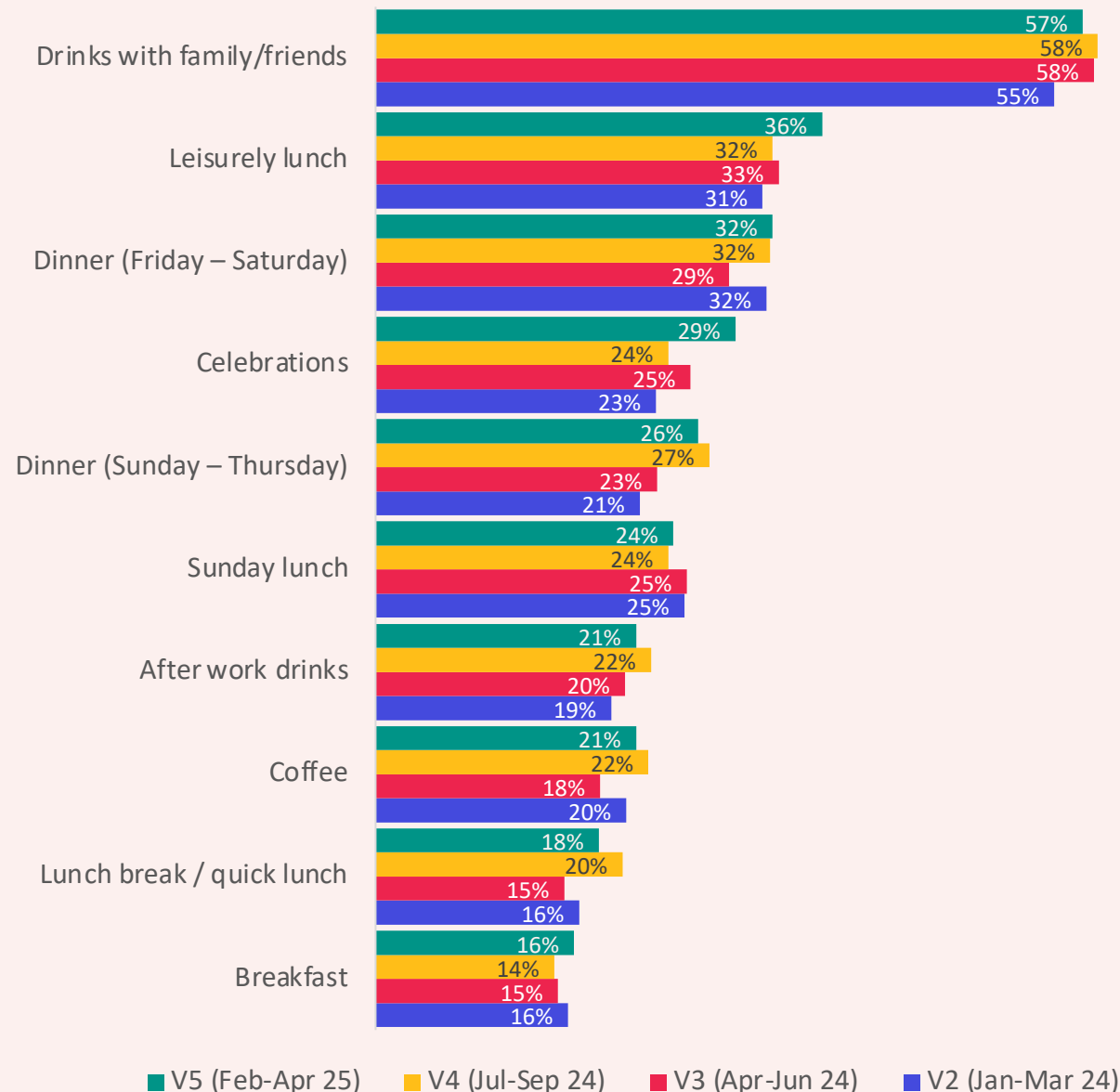


Top occasions for visiting pubs, bars and restaurants.

These are the top 10 occasions for which UK adults (18+) have visited pubs, bars and restaurants in the last 3 months. Drinks with friends and family, leisurely lunches and dinners are the most popular occasions

Q. Which of the following 'occasions' have you visited a pub, bar or restaurants for in the last 3 months?

Just top 10 shown, for full breakdown please refer to online dashboard

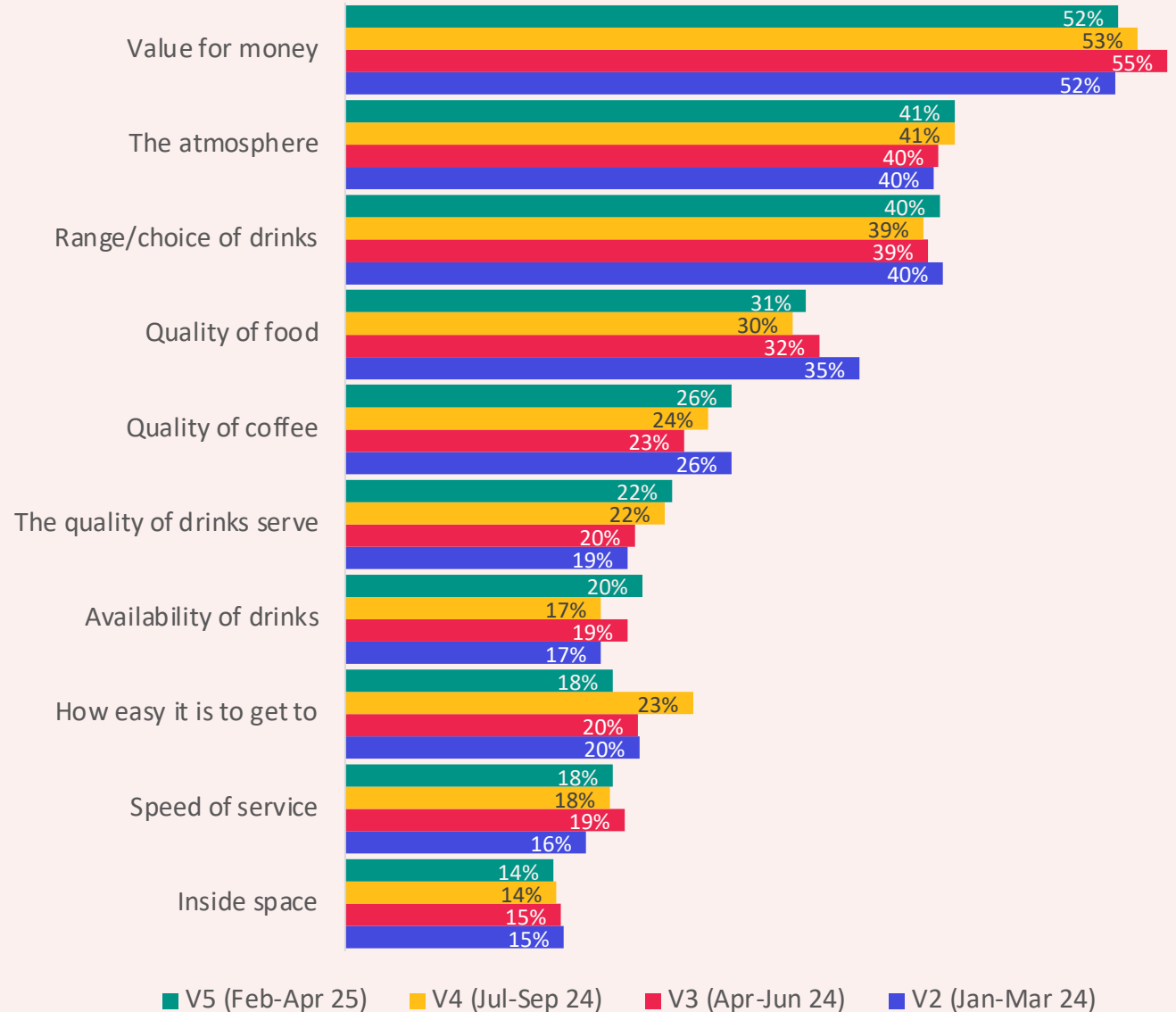


Most important factors when choosing where to go for 'drinks'.

These are the top 10 answers given when we asked UK adults what have been the most important factors for them when considering a venue to choose for 'drinks' in the last 3 months.

Q. What have been most important factors for you, when considering a venue to choose for **drinks** in the last 3 months?

Just top 10 shown, for full breakdown please refer to online dashboard

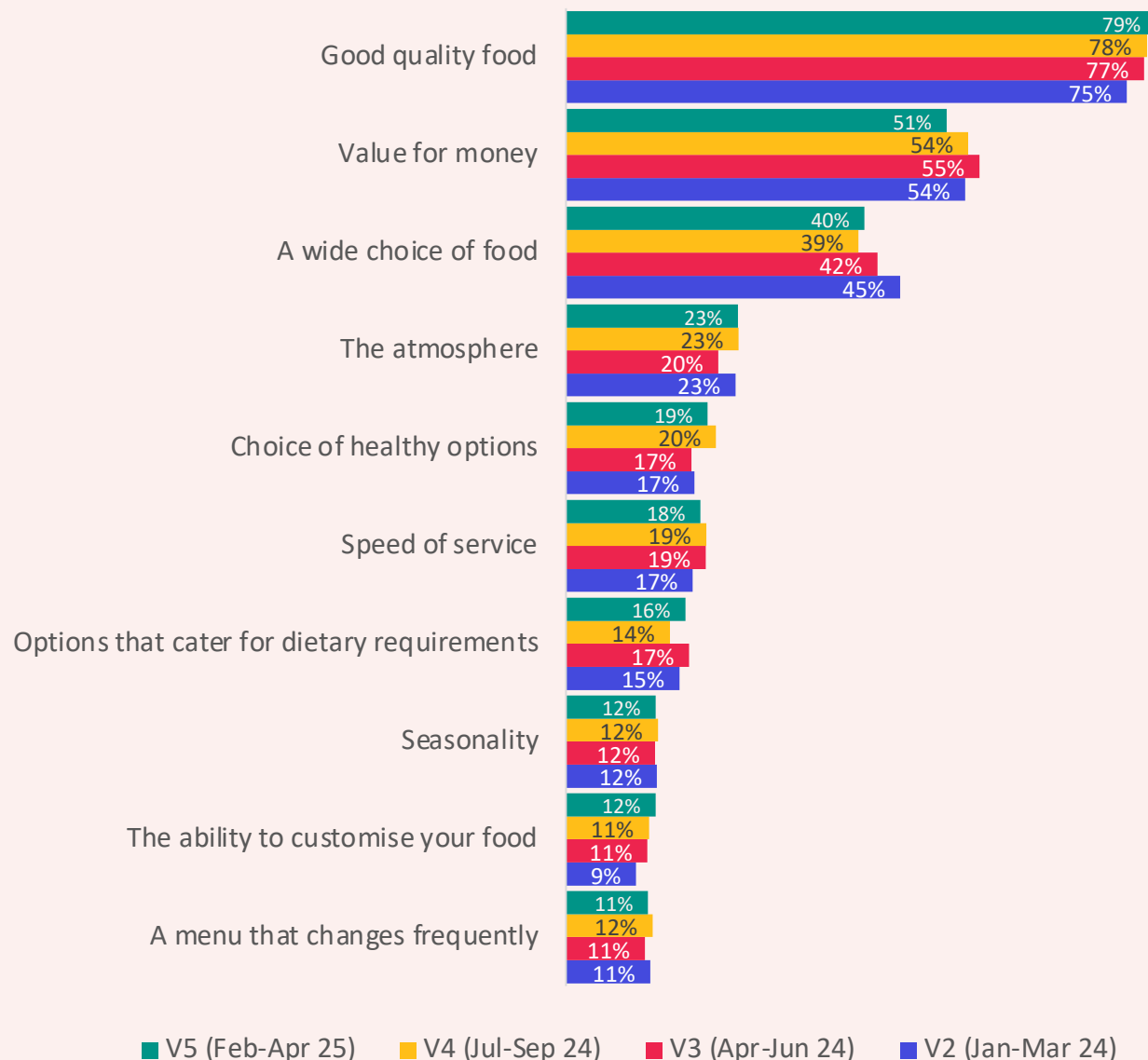


Most important factors when choosing where to go for 'food'.

These are the top 10 answers given when we asked UK adults what have been the most important factors for them, when considering a venue to choose for 'food' in the last 3 months. Quality is, by far, the number one driver..

Q. What have been the most important factors for you, when considering a venue to choose for **food** in the last 3 months?

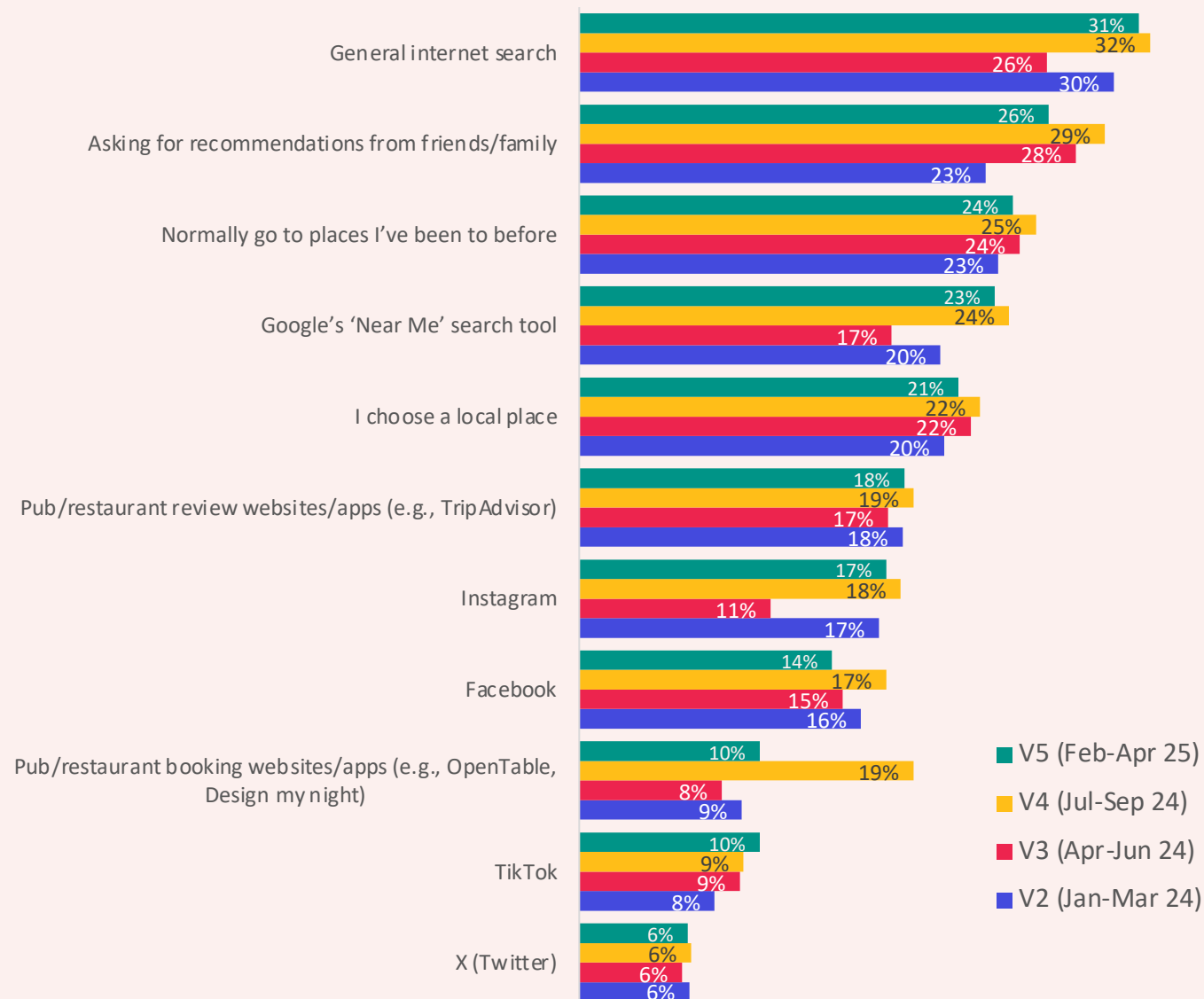
Just top 10 shown, for full breakdown please refer to online dashboard



Pre-visit customer research and discovery.

These are the top 10 sources of information that customers used to help them find and/or choose a pub, bar or restaurant in the last 3 months (for the period Feb-Apr 25), with 'general internet search' being the number one choice.

Q. Which of the following, if any, have you used to help you find and/or choose a pub, bar or restaurant to visit in the last 3 months?



The importance of sustainability, diversity and seasonality

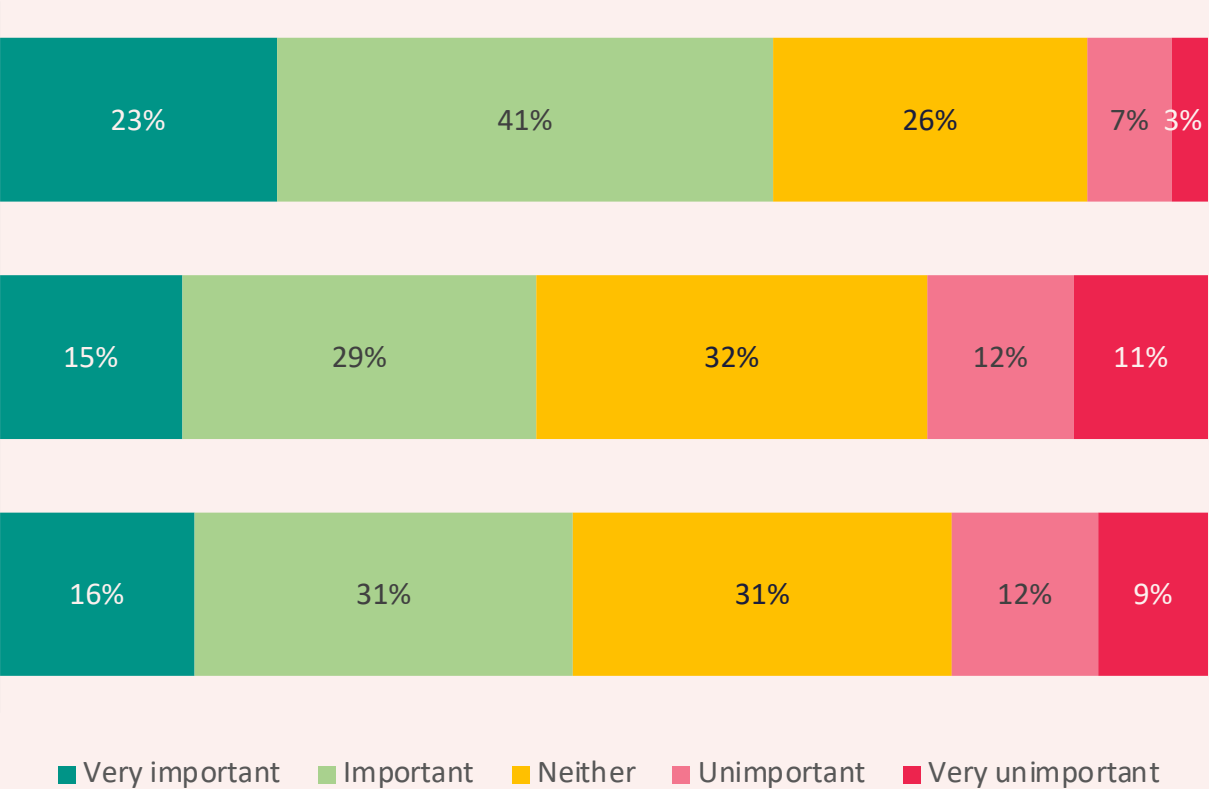
The role that ESG and provenance play in impacting customers' choice of venue.

Q. How important have the following been to you when choosing a pub, bar or restaurant to visit in the last 3 months?

Their use of local and/or seasonal produces

How well, as a business, they promote diversity and inclusivity

How sustainable they are as a business



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Influences

We have the ability to influence visit frequency, spend, dwell time, loyalty and social engagement. Discover what tools are most impactful.

THE FACTORS WE NEED TO CONSIDER WHEN LOOKING TO INFLUENCE CUSTOMERS IN VENUES.



NEED STATE

What do I want (food and/or drink) and what needs am I attempting to satisfy?



BUDGET

How many drinks / dishes do I want and how much money am I prepared to spend?



TIME

How much time have I got to spend here?



PARTY SIZE & COMPOSTION

How many people are with me and who is with me (e.g. vegetarians, non-drinkers, children, etc.)?

NEED STATE

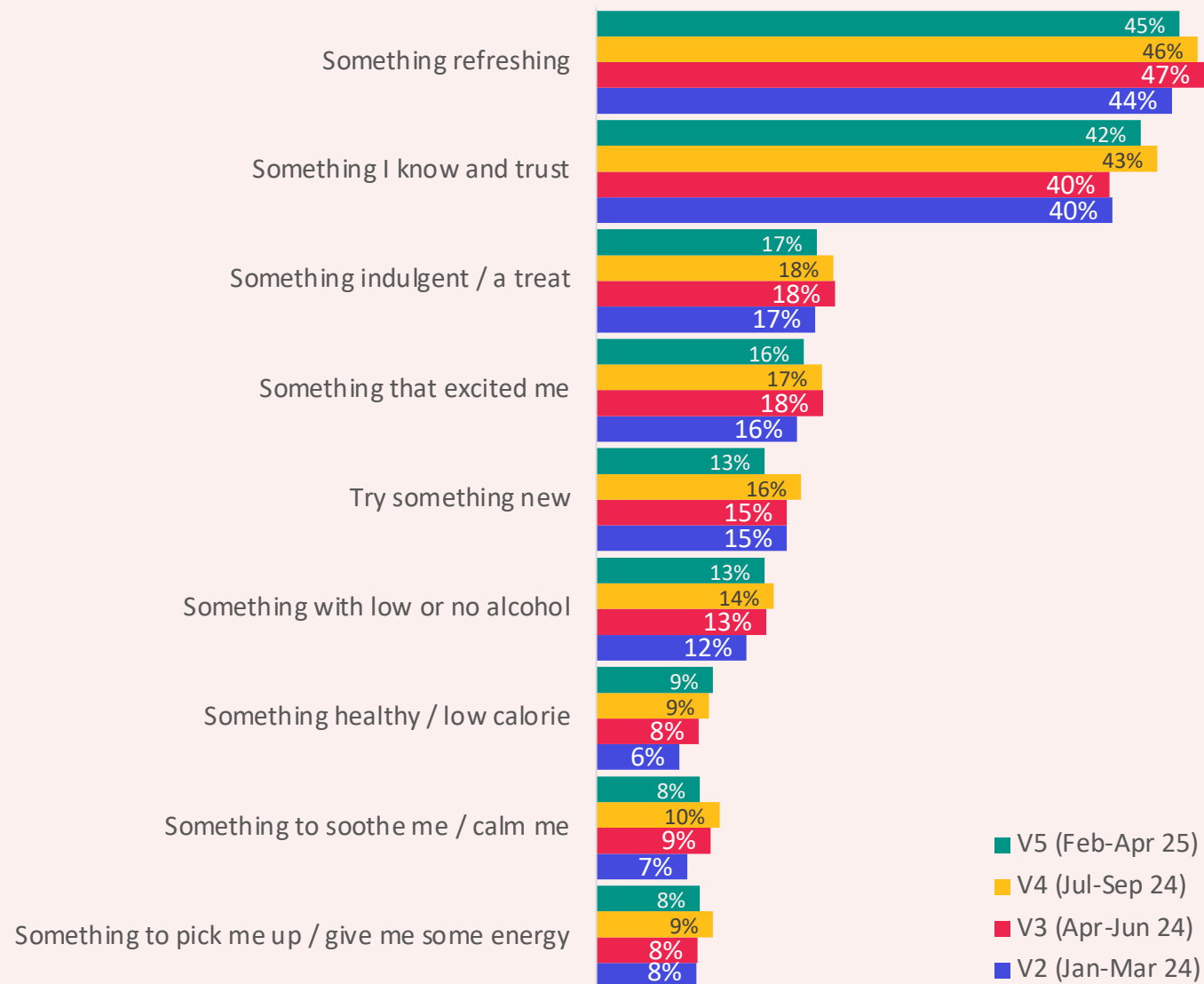
What do I want (food and/or drink) and what needs am I attempting to satisfy?



The top need states influencing customer decisions when ordering drinks.

The top need states which influence the customer decision when ordering **drinks** in pubs, bars and restaurants in the last 3 months.

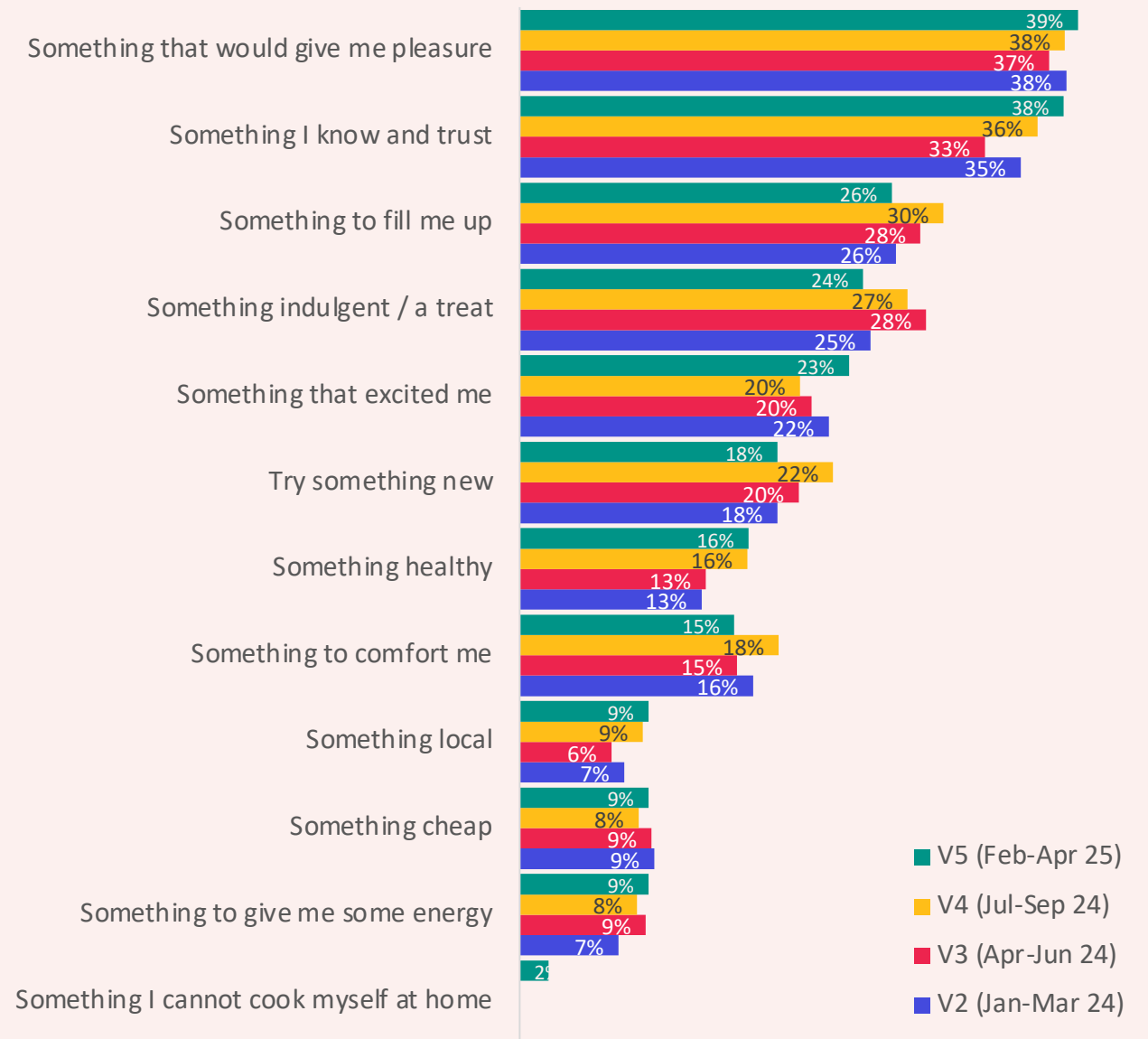
Q. Thinking now about the last time you ordered ****a drink**** in a pub, bar or restaurant, which of the following 'needs' were influencing your decision on what you had?



The top need states influencing customer decisions when ordering food.

The top need states which influence the customer decision when ordering **food** in pubs, bars and restaurants in the last 3 months.

Q. Thinking now about the last time you ordered **some food** in a pub, bar or restaurant, which of the following 'needs' were influencing your decision on what you had?



BUDGET

How many drinks / dishes do I want and how much money am I prepared to spend?

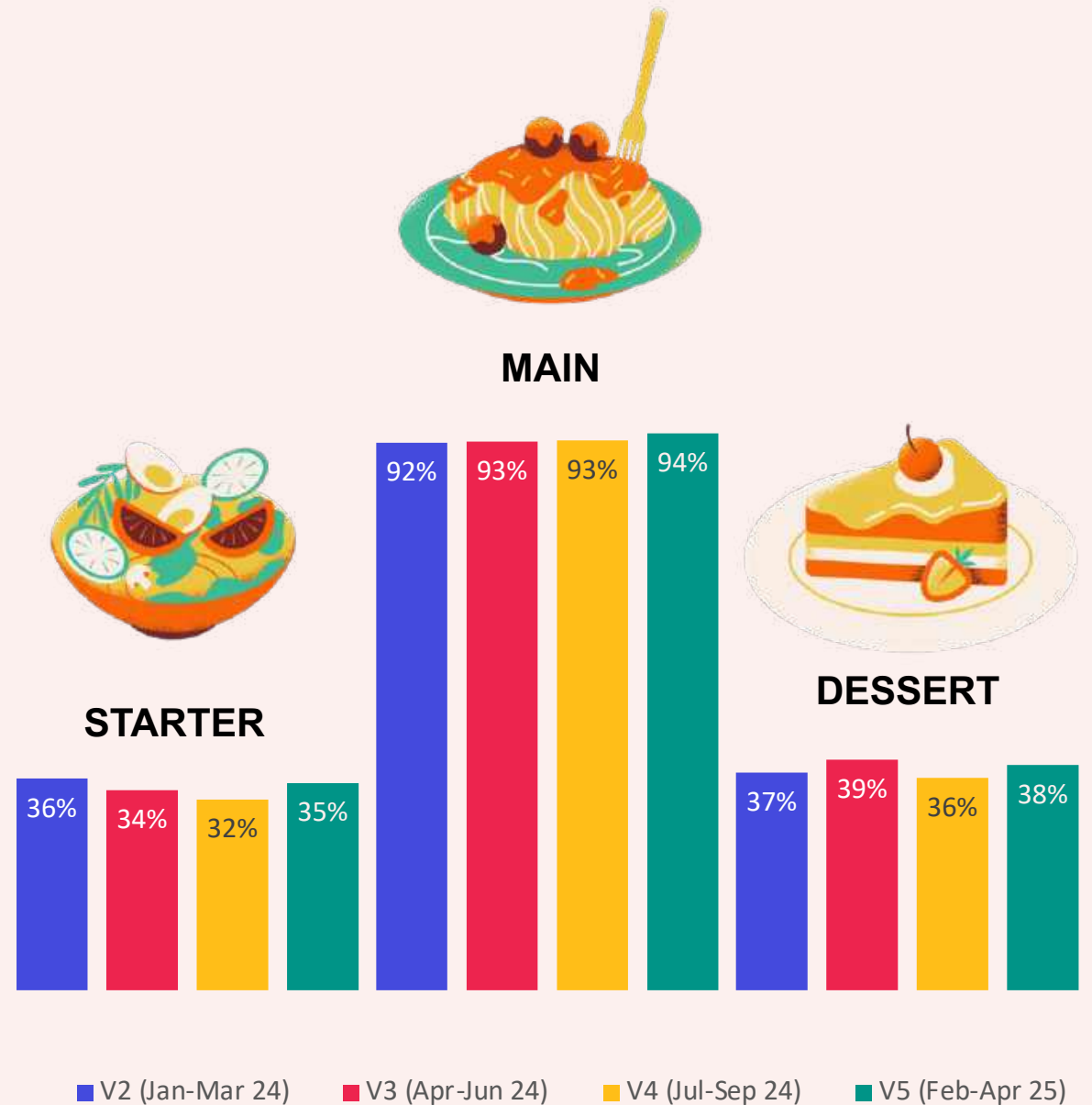


Number of courses customers are ordering when dining in pubs, bars and restaurants.

Based on 'last visit' for within the period

Data is based on last visit, when dining out, to a pub, bar or restaurant within the last 3-month period.. **The average number of courses increased to 1.7 (compared to 1.6 in the previous period).**

Q. Thinking about the last time you when out for *food* to a pub, bar or restaurant, how many dishes did you have?



Average customer spend ‘personally’ on food and/or drinks in pubs, bars and restaurants.

Based on ‘last visit’ for within the period

Figures show claimed spend from UK adults (+18), based on their last visit to either a pub, bar or restaurant, within the 3-month period.



Q. Thinking now about your last visit to a pub, bar or restaurant, how much did you spend **personally** on food and/or drinks?

TIME

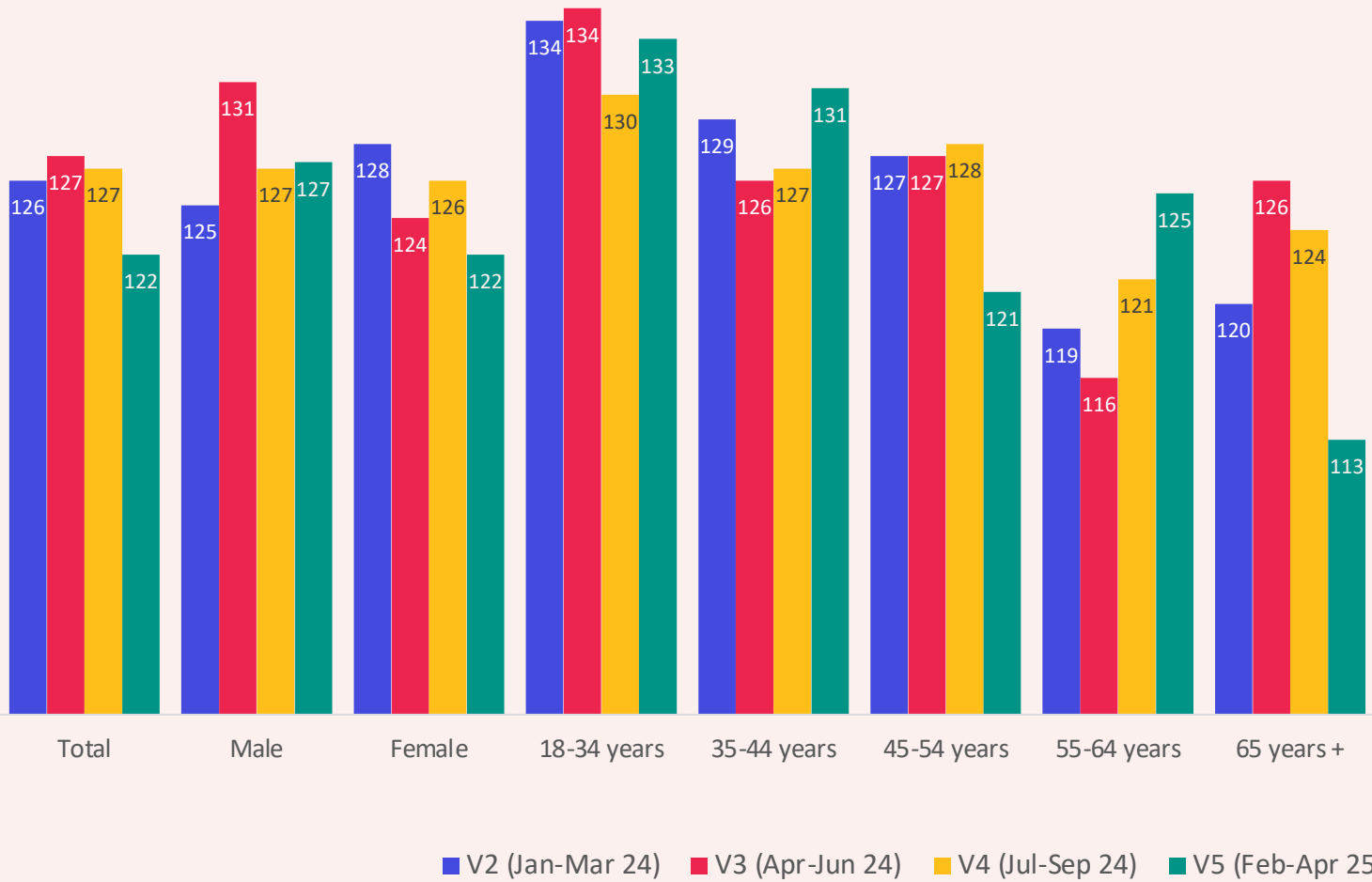
How much time have I
got to spend here?



Average customer time spent, per visit, in pubs, bars and restaurants.

Based on 'last visit' for within the period

Figures show claimed dwell time from UK adults (+18), based on their last visit to either a pub, bar or restaurant, for the 3-month period. **Figures shown in minutes.**



Q. Thinking now about your last visit to a pub, bar or restaurant, how long did you stay for?



PARTY SIZE & COMPOSITION

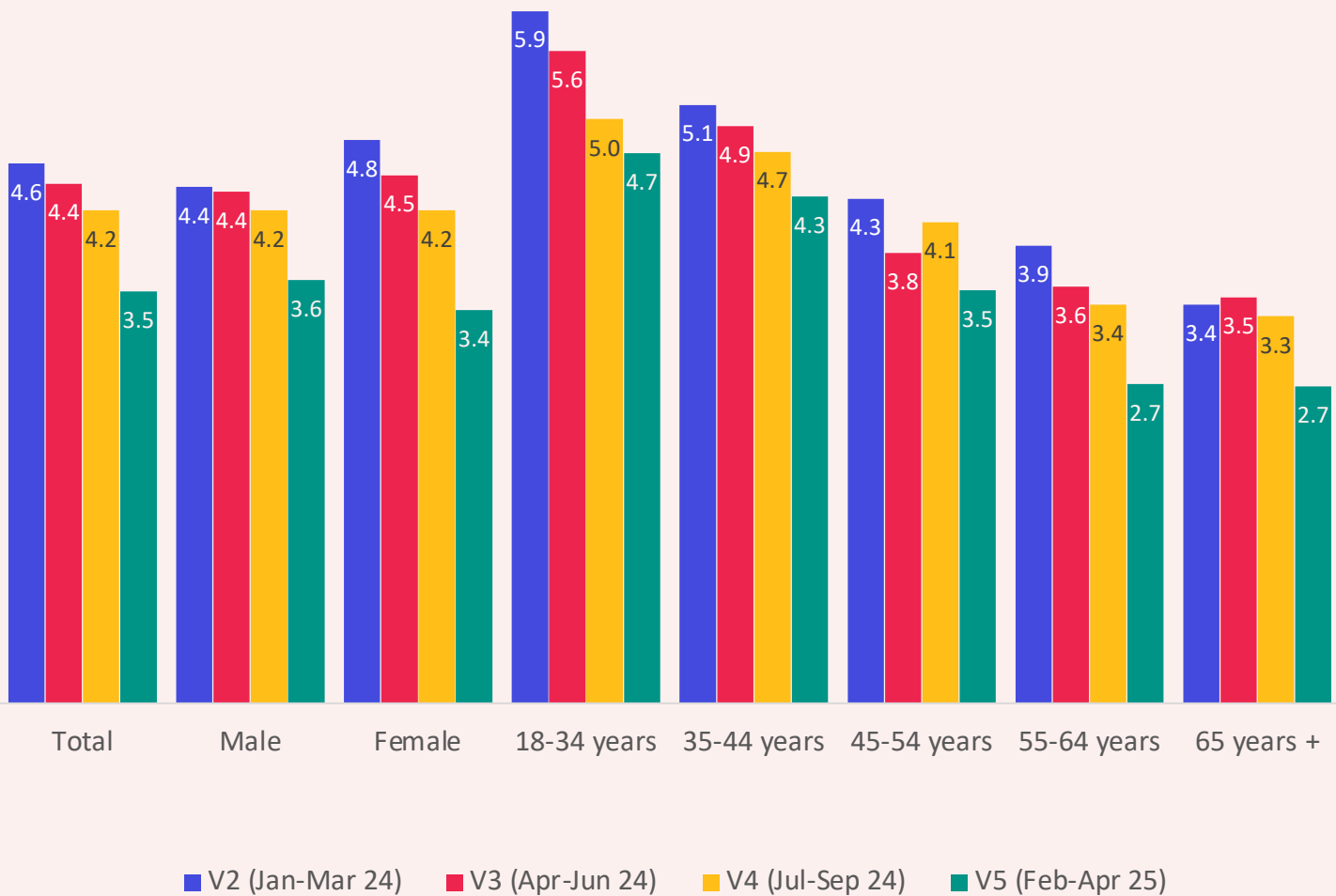
How many people are with me and who is with me (e.g. vegetarians, non-drinkers, children, etc.)?



Average party size when visiting pubs, bars and restaurants.

Based on 'last visit' within the period

Figures show claimed party size from UK adults (+18), based on their last visit to either a pub, bar or restaurant, for the 3-month period.

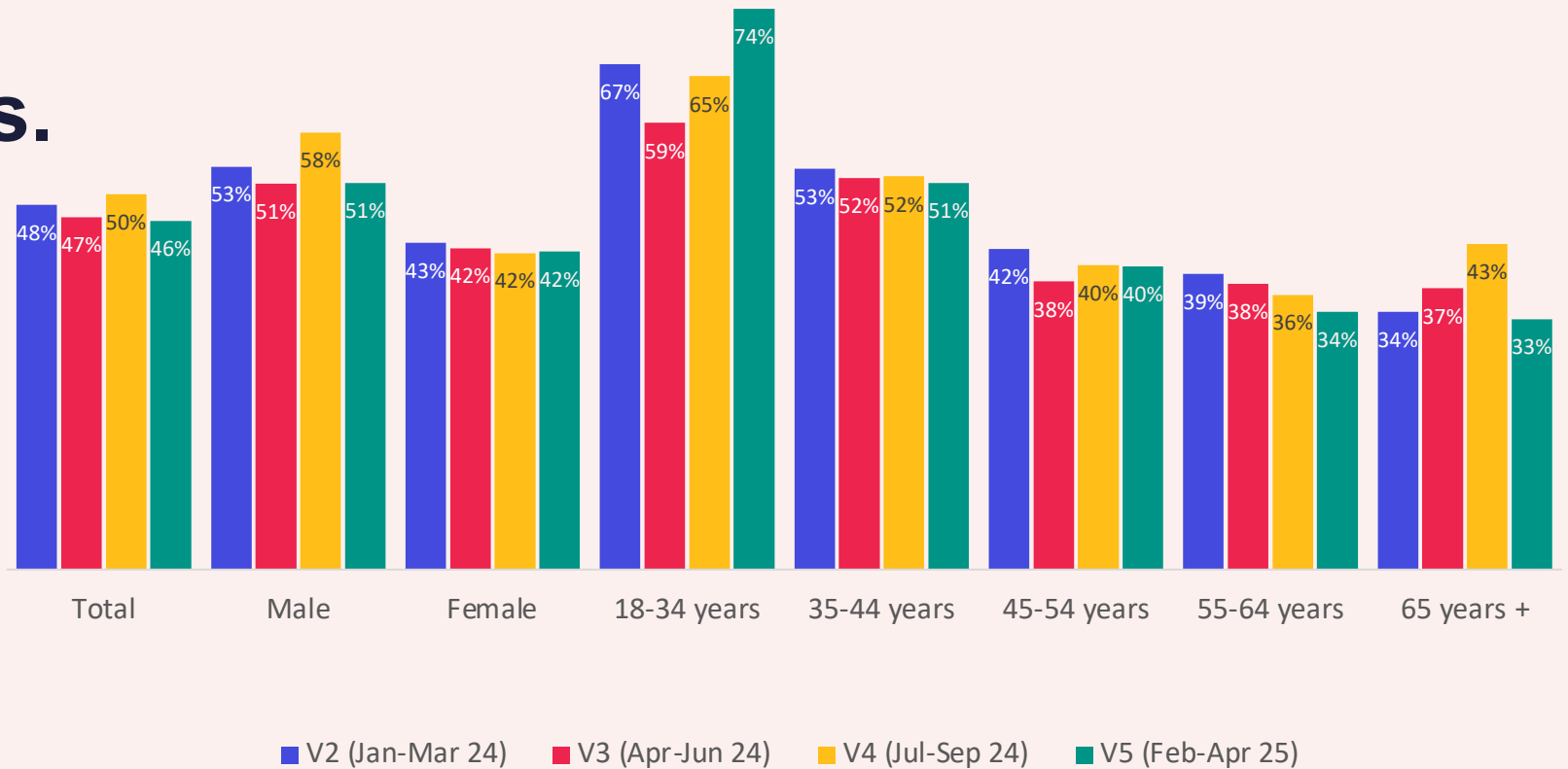


Q. Thinking now about your last visit to a pub, bar or restaurant, how many other people were with you? (including yourself)



Demographic breakdown of most frequent pub, bar and restaurant goers.

% shown is based on those UK adults (+18) who say they visited pubs, bars or restaurant once week or more, on average, in the last 3 months.



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Engagement

Discover how customers behave when in-venue, and how each customer touchpoint (menus, staff, POS & tech) engages and influences their decisions.

WHAT TOOLS DO WE HAVE AT OUR DISPOSAL TO INFLUENCE THE CUSTOMER IN VENUE?



POINT OF SALE

The impact of varying point-of-sale messaging on customer behaviour.



STAFF

The role staff can play in educating, engaging and influencing the customer journey.



MENU

The importance of the food and drink menus - informing and influencing.



TECHNOLOGY

How technology in-venue can be the conduit between customer demands and staff capabilities.

POINT OF SALE

The impact of varying
point-of-sale messaging
on customer behaviour.

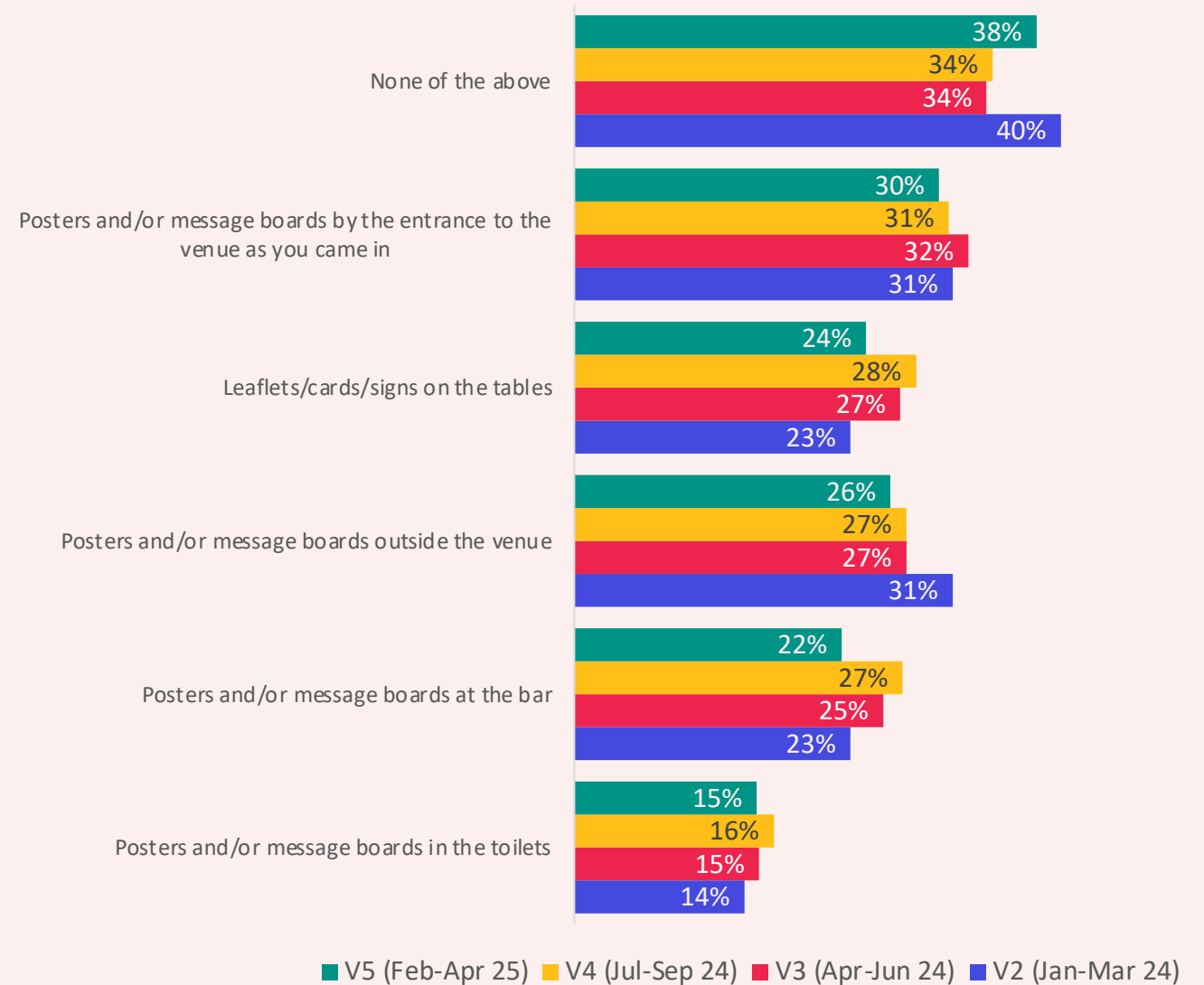


**GET IT
NOW!**

What POS was noticed by customers when visiting pubs, bars and restaurants?

Based on their last visit to a pub, bar or restaurant (within the last 3 months),

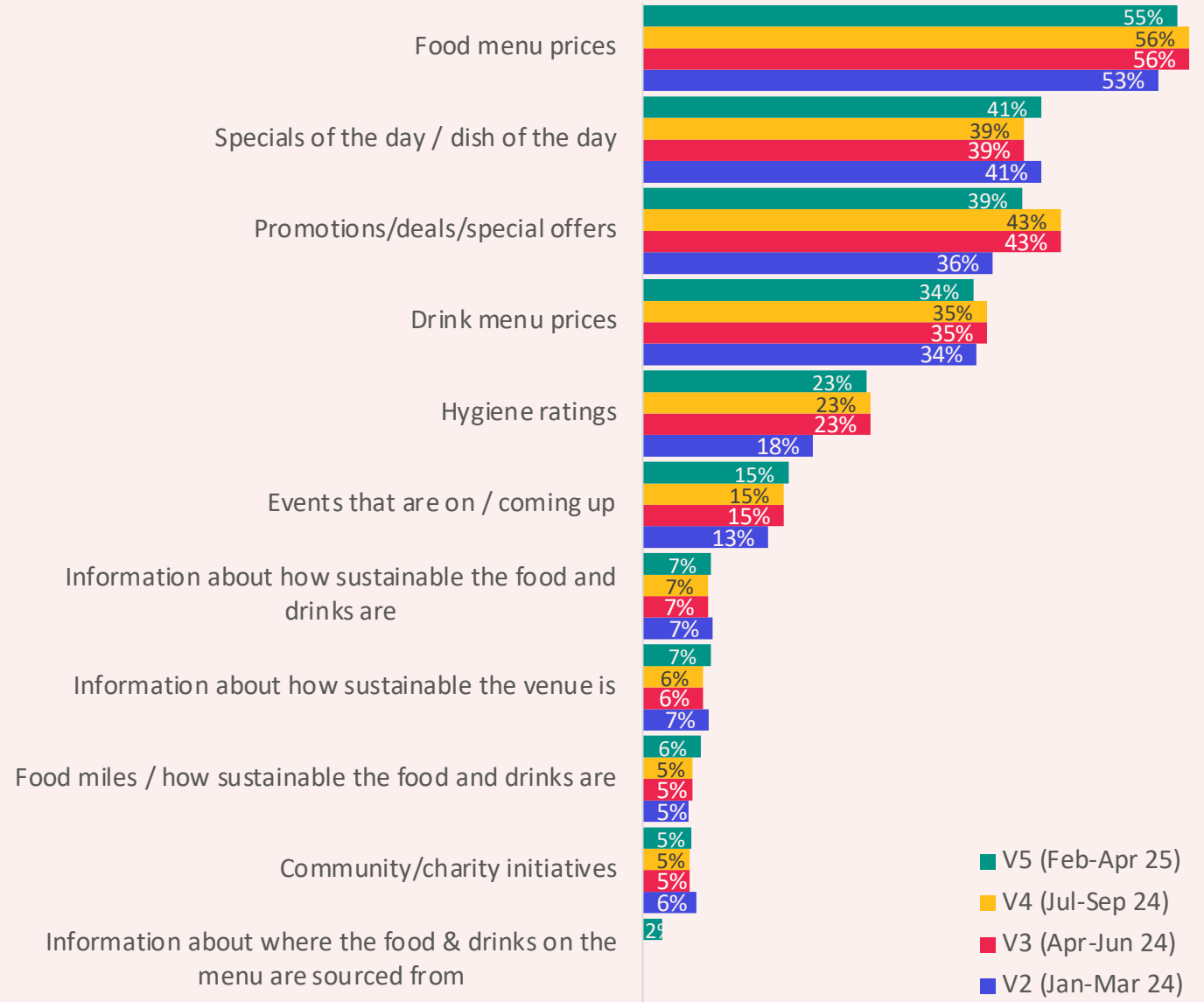
Q. On your last visit to a pub, bar or restaurant, can you remember if you noticed any of the following when you were there?



Information/ messaging that customers are 'actively' looking for in venue

Customers have been 'actively' looking out for the following information/messaging when they have inside a pub, bar or restaurant in the last 3 months.

Q. Would you say that you 'actively' look out for any of the following information when you are inside a pub, bar or restaurant?



BENEFITS OF GETTING POS RIGHT FOR THE CUSTOMER.

If pubs, bars and restaurants improved the quality and relevancy of their posters / messaging / signs in-venue, in the next 3 months, do you think it would influence you to do any of the following?



VISIT MORE

22% would visit more often.

Down from 24% in previous wave.



SPEND MORE

19% would spend more per visit.

Up from 17% in previous wave.



STAY MORE

16% would stay longer.

Down from 18% in previous wave.



LOYALTY

24% would be more likely to return.

Down from 26% in previous wave.



ENGAGEMENT

20% would recommend to others.

Down from 23% in previous wave.

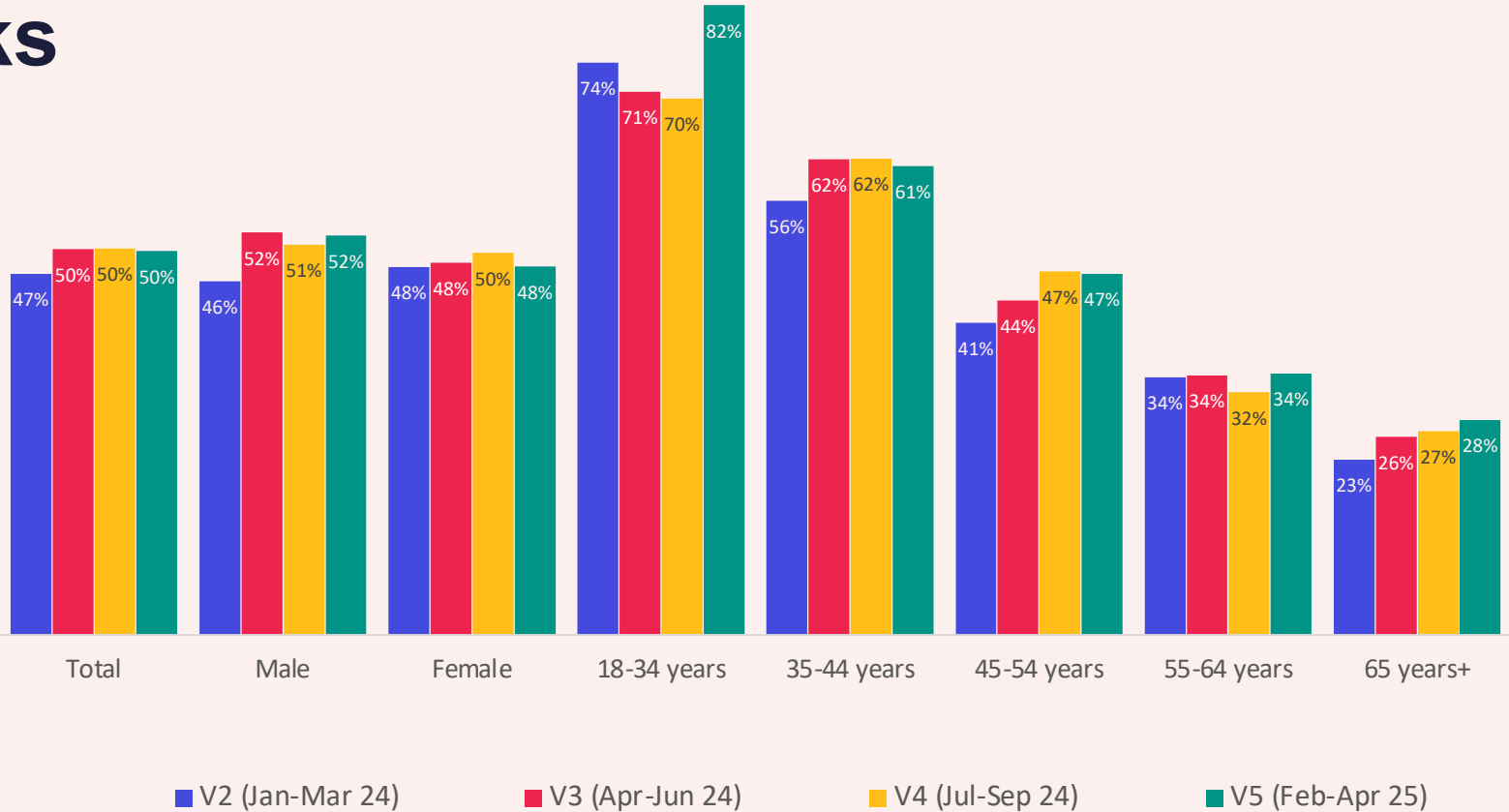
STAFF

The role staff can play in educating, engaging and influencing the customer journey.



Have staff recommended any food and/or drinks in the last 3 months?

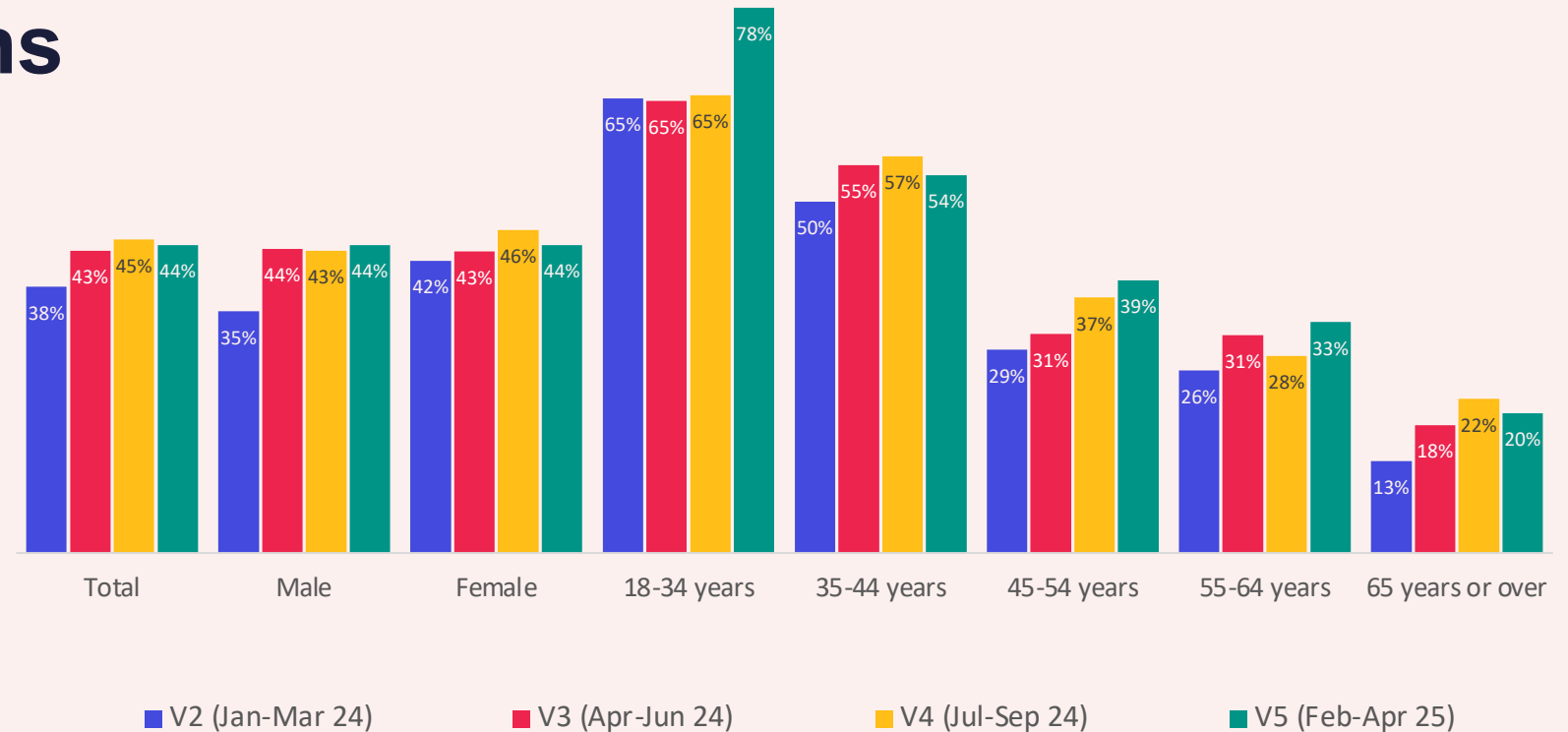
Data shows % of customers who, in the last 3 months, say staff in pubs, bars and restaurants have tried to recommend certain food and/or drinks to customers when they visited.



Q. In the last 3 months, have any staff in pubs, bars and restaurants (you've visited) try to recommend certain food and/or drinks to you?

How likely customers are to go with staff recommendations on food.

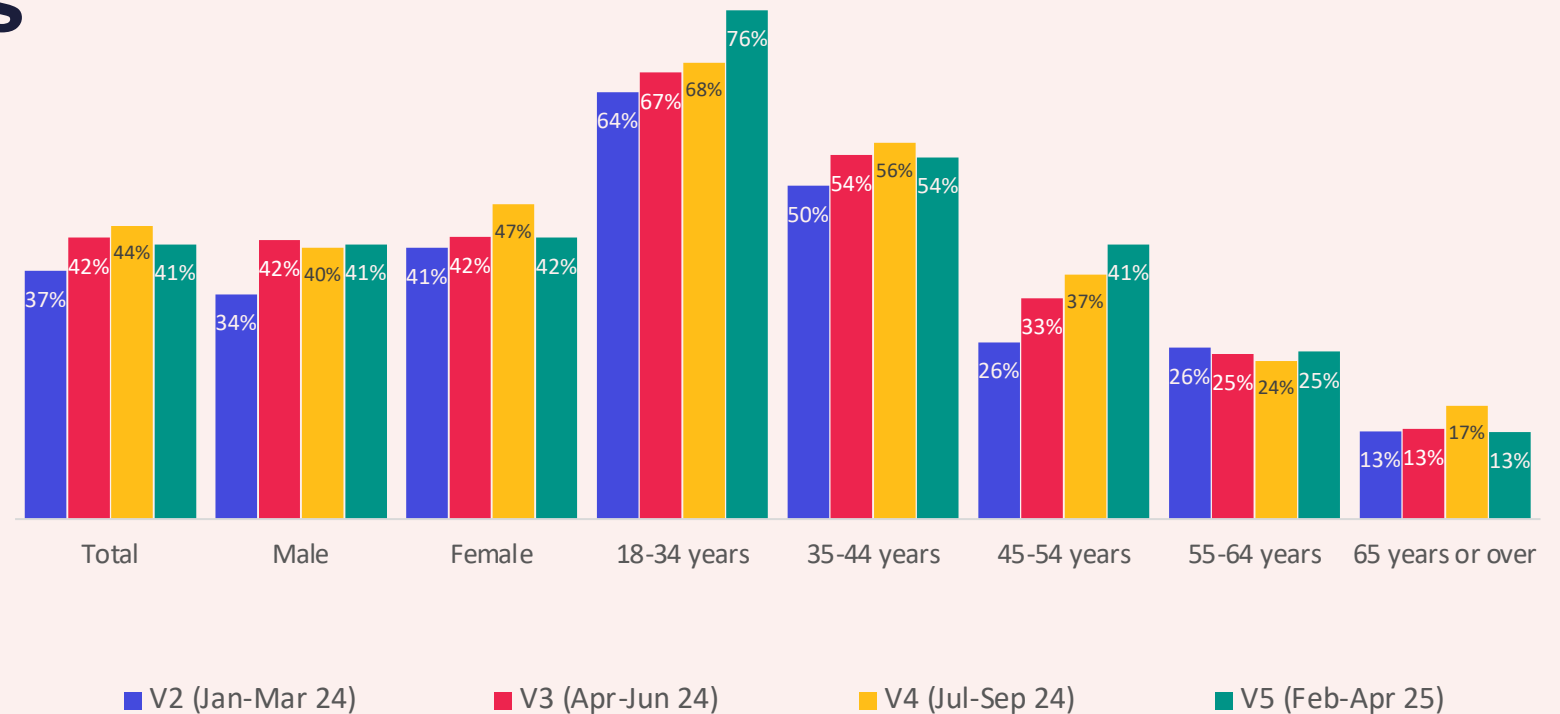
Data shows % of customers who, in the last 3 months, say they would likely go with staff recommendations for **food** when they are in a pub, bar or restaurant.



Q. If staff in pubs, bars and restaurants (that you've visited in the last 3 months) had recommended certain ****food**** to you - how likely would you have been to go with their recommendations?

How likely customers are of going with staff recommendations on drinks.

Data shows % of customers who, in the last 3 months, say they would likely go with staff recommendations for **drinks** when they are in a pub, bar or restaurant.



Q. If staff in pubs, bars and restaurants (that you've visited in the last 3 months) had recommended certain **drinks** to you - how likely would you have been to go with their recommendations?

BENEFITS OF GETTING STAFF ENGAGEMENT RIGHT FOR THE CUSTOMER.

If pubs, bars and restaurants improved the quality of their staff engagement, in the next 3 months, do you think it would influence you to do any of the following?



VISIT MORE

30% would visit more often.

Down from 34% in previous wave.



SPEND MORE

18% would spend more per visit.

Down from 20% in previous wave.



STAY MORE

21% would stay longer.

Level with 21% in previous wave.



LOYALTY

33% would be more likely to return.

Down from 34% in previous wave.



ENGAGEMENT

26% would recommend to others.

Down from 30% in previous wave.

MENUS

The importance of the food and drink menus - informing and influencing.

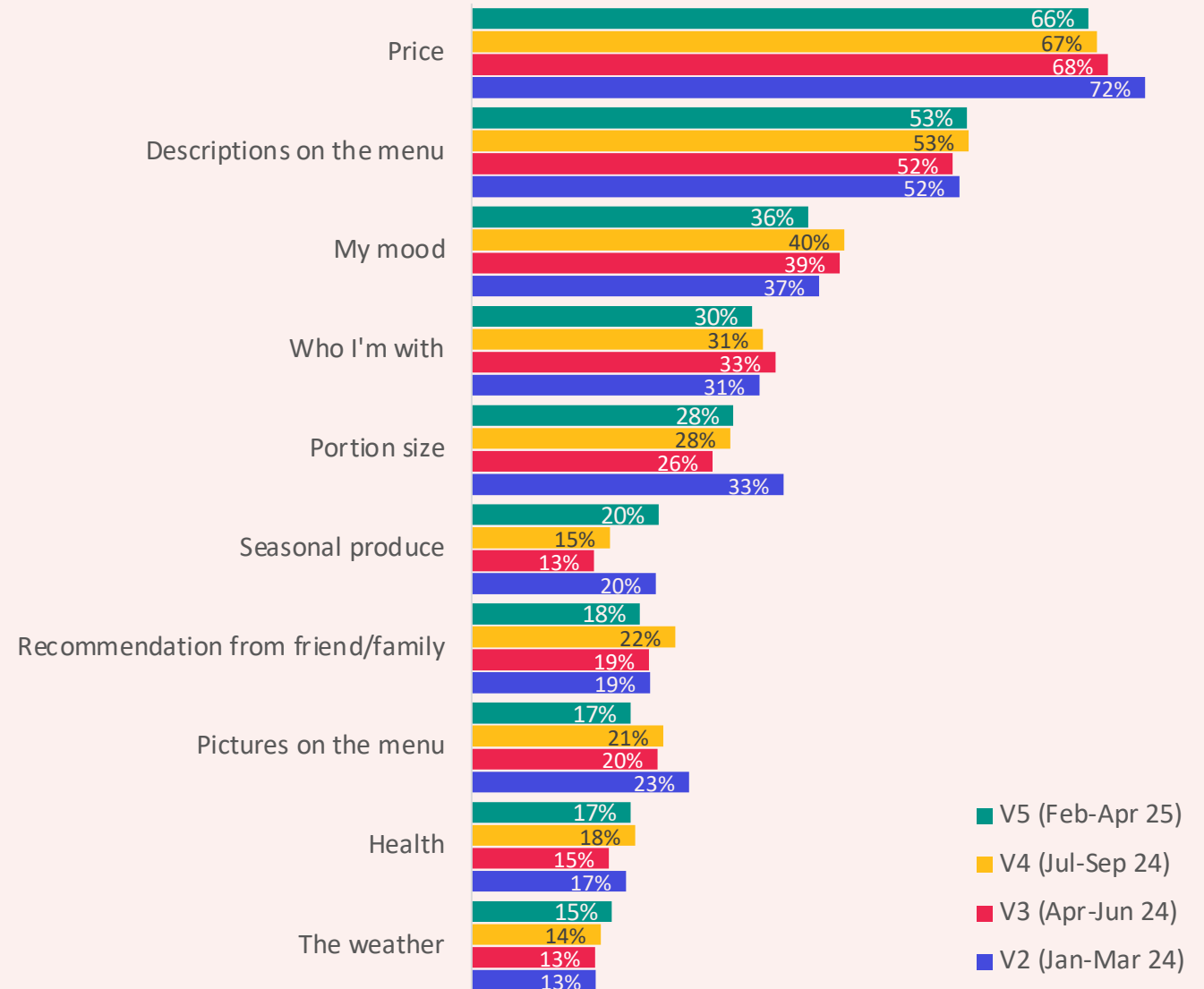


The top factors which influence customer choice of food when ordering in pubs, bars and restaurants.

Outside of price, it's descriptions on the menu that are the biggest influence of customer choice. Price has been steadily falling, however, as the main driver of choice.

Q. Which of the following would influence your choice of food when ordering in venues such as pubs, bars and restaurants?

Just top 10 shown, for full breakdown please refer to online dashboard

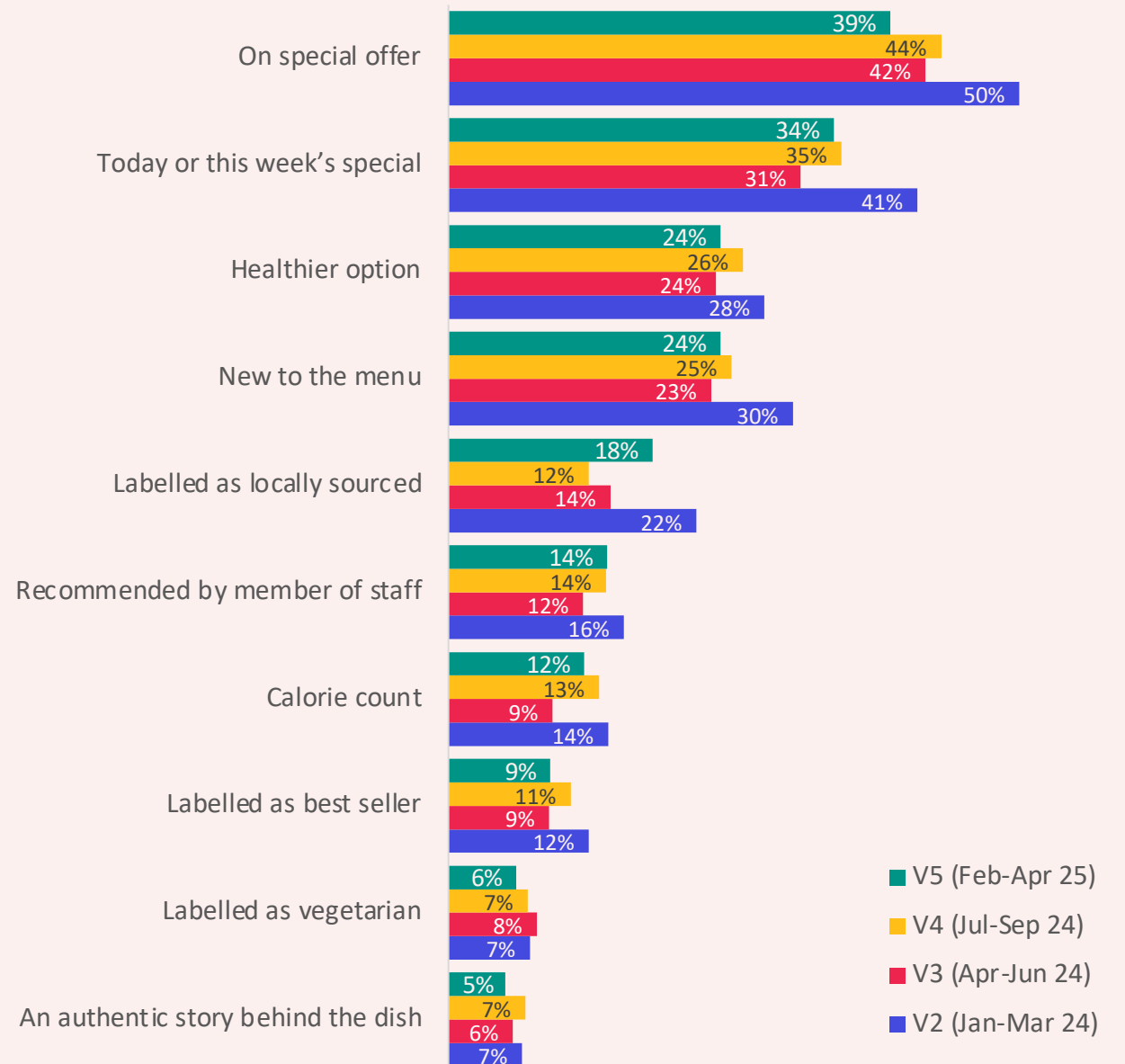


The top menu attributes which would influence a customer's order when in a pub, bar or restaurant.

Data shows the menu attributes that, if flagged against dishes on a food menu, would encourage customers to order it, in the last 3 months.

Q. Which of the following that, if flagged against dishes on a food menu, would encourage you to order it?

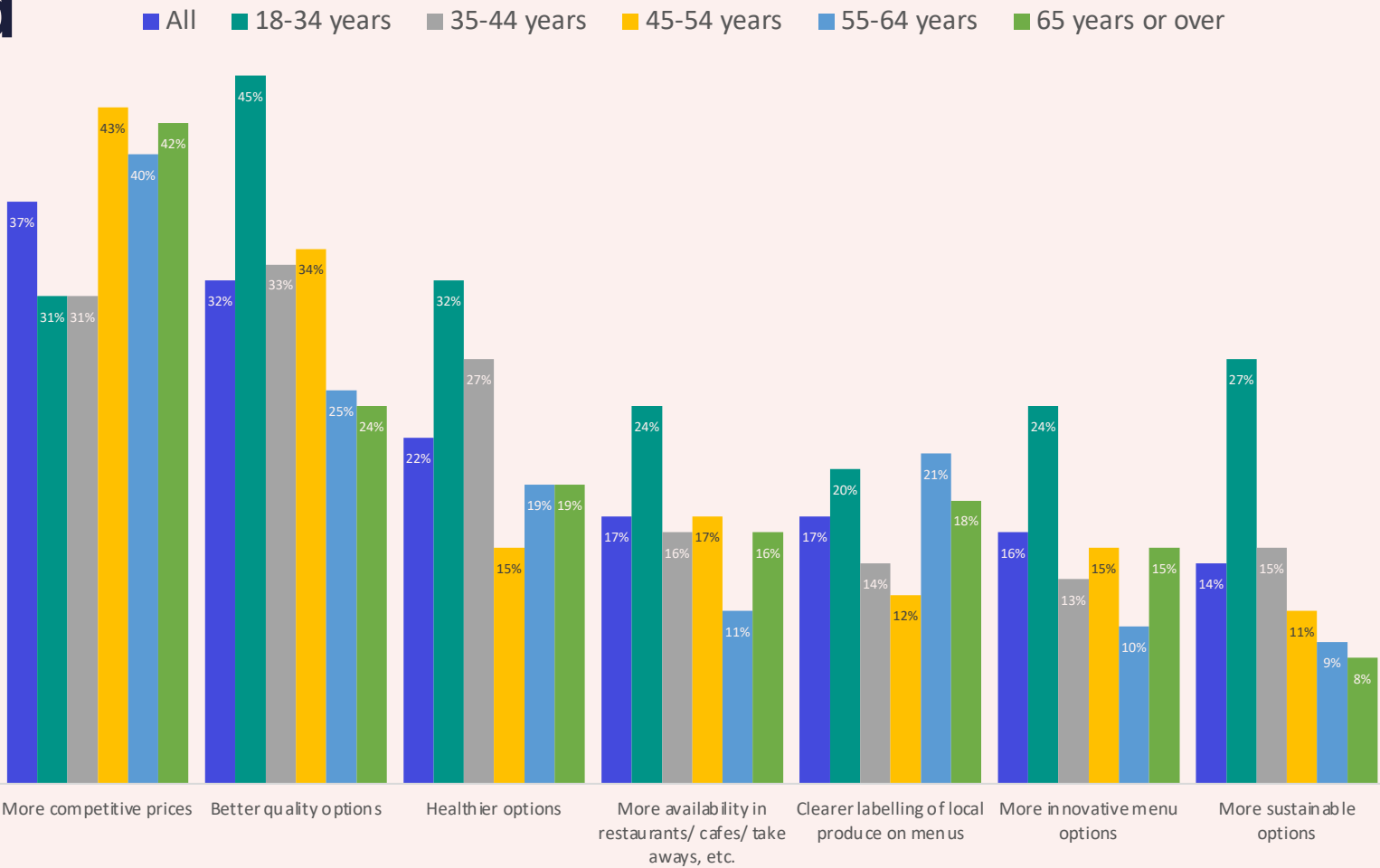
Just top 10 shown, for full breakdown please refer to online dashboard



What would make customers buy more LOCAL food and drink when eating out

Data shows the factors that would most likely influence customers to choose local dishes and local drinks from the menu when eating out.

Q. Which of the following, if any, would make you any more likely to buy local food and drink when you are eating out?



BENEFITS OF GETTING FOOD & DRINK MENUS RIGHT FOR THE CUSTOMER.

If pubs, bars and restaurants improved their food and drink menus, in the next 3 months, do you think it would influence you to do any of the following?



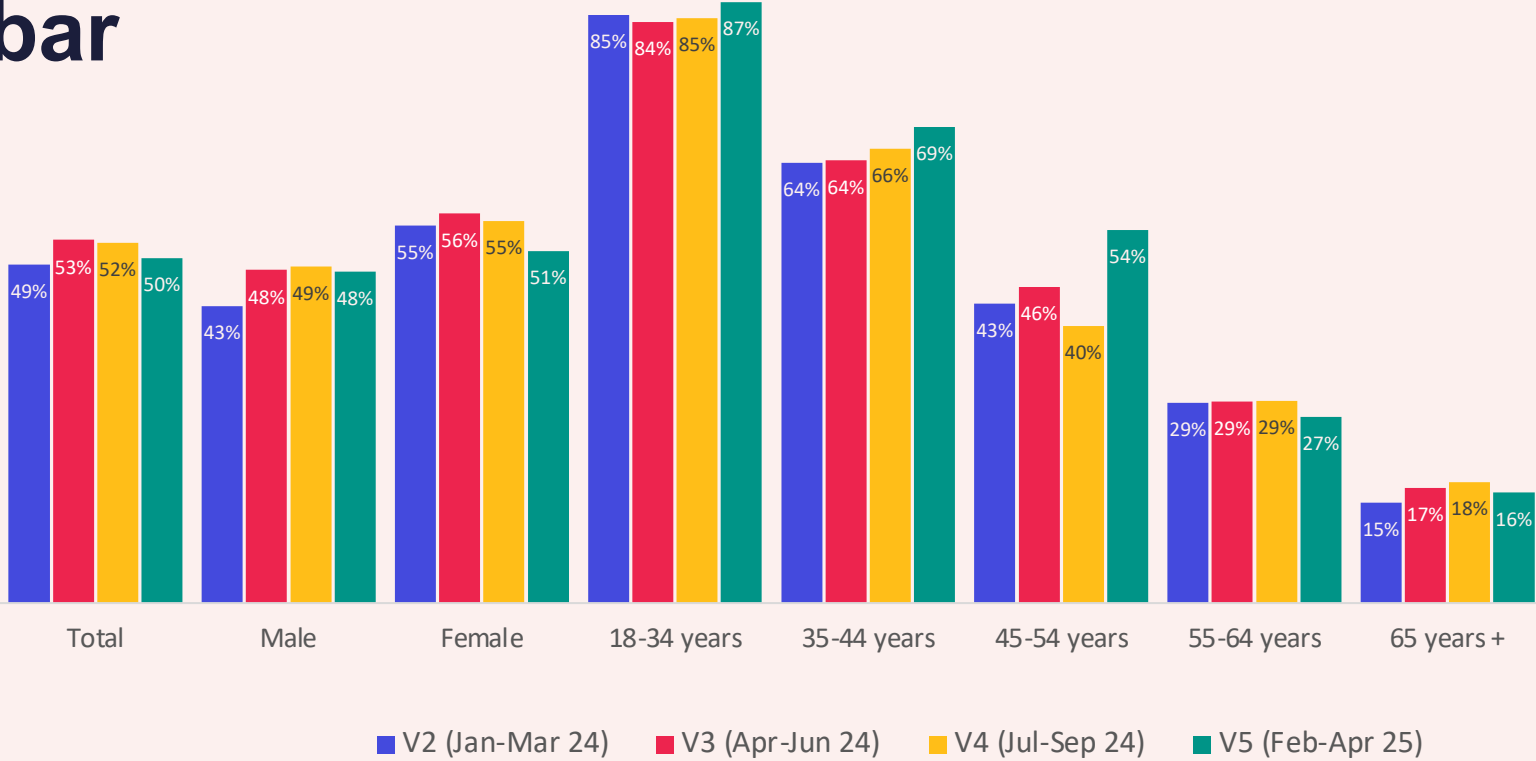
TECHNOLOGY

How technology in-venue can be the conduit between customer demands and staff capabilities.



Which customers have used a QR code or digital screen in a pub, bar or restaurant?

Breakdown, by demographic, of the customers who have used a QR code or a digital screen in a pub, bar or restaurant in the last 3 months, for the 3-month period.



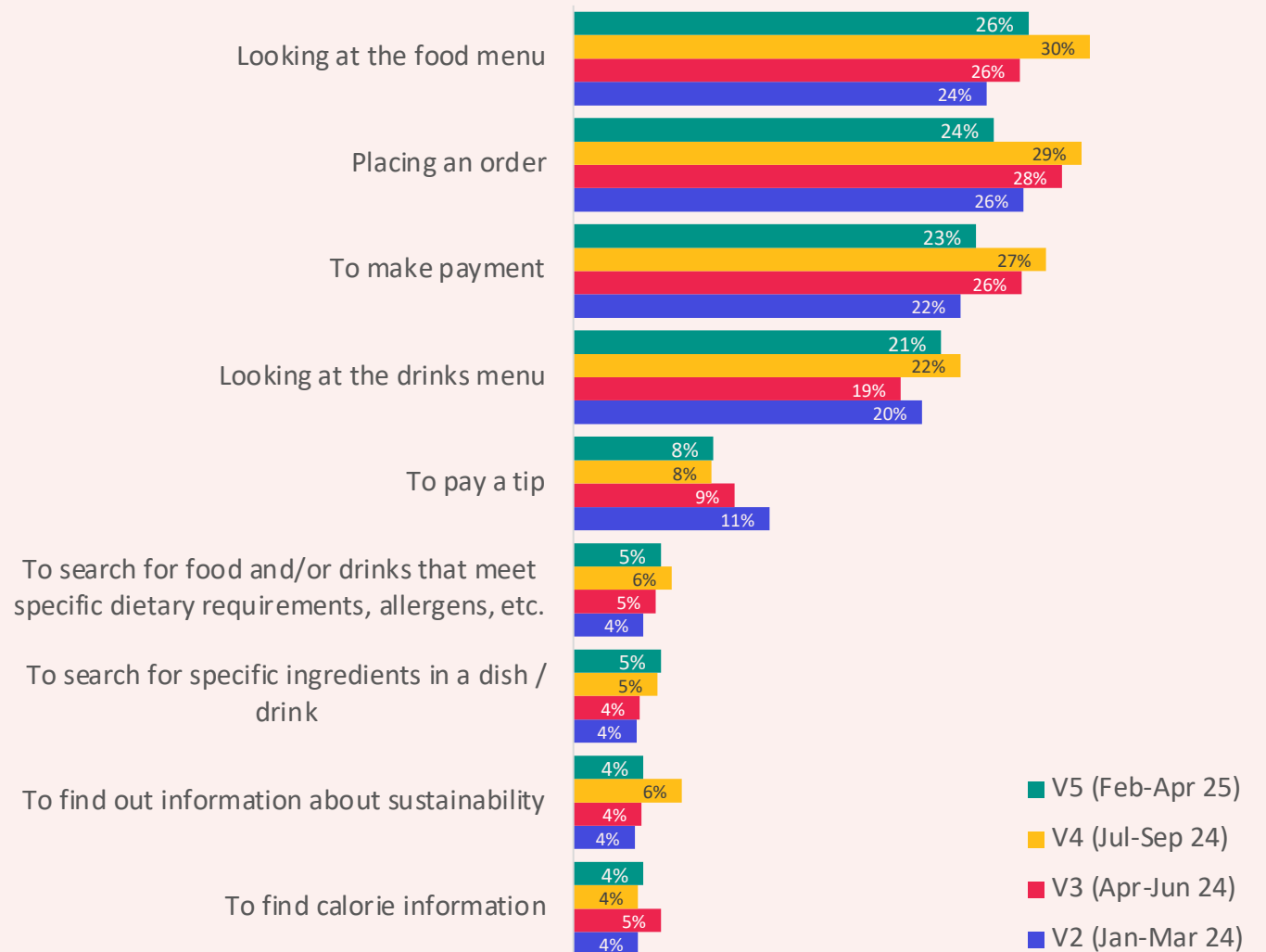
Q. In the last 3 months have you used a QR code or digital screen in a pub, bar or restaurant for any of the following?
% who selected at least once option



Top actions that customers use a QR code for in pubs, bars and restaurants.

Placing an order, looking at the food menu and making payments are the top 3 actions that customers have used QR codes for in the last 3 months.

Q. In the last 3 months have you used a QR code or digital screen in a pub, bar or restaurant for any of the following?



BENEFITS OF GETTING THE USE OF QR CODES & DIGITAL SCREENS RIGHT FOR THE CUSTOMER.

If pubs, bars and restaurants improved their use of QR codes and digital screens/menus, in the next 3 months, do you think it would influence you to do any of the following?



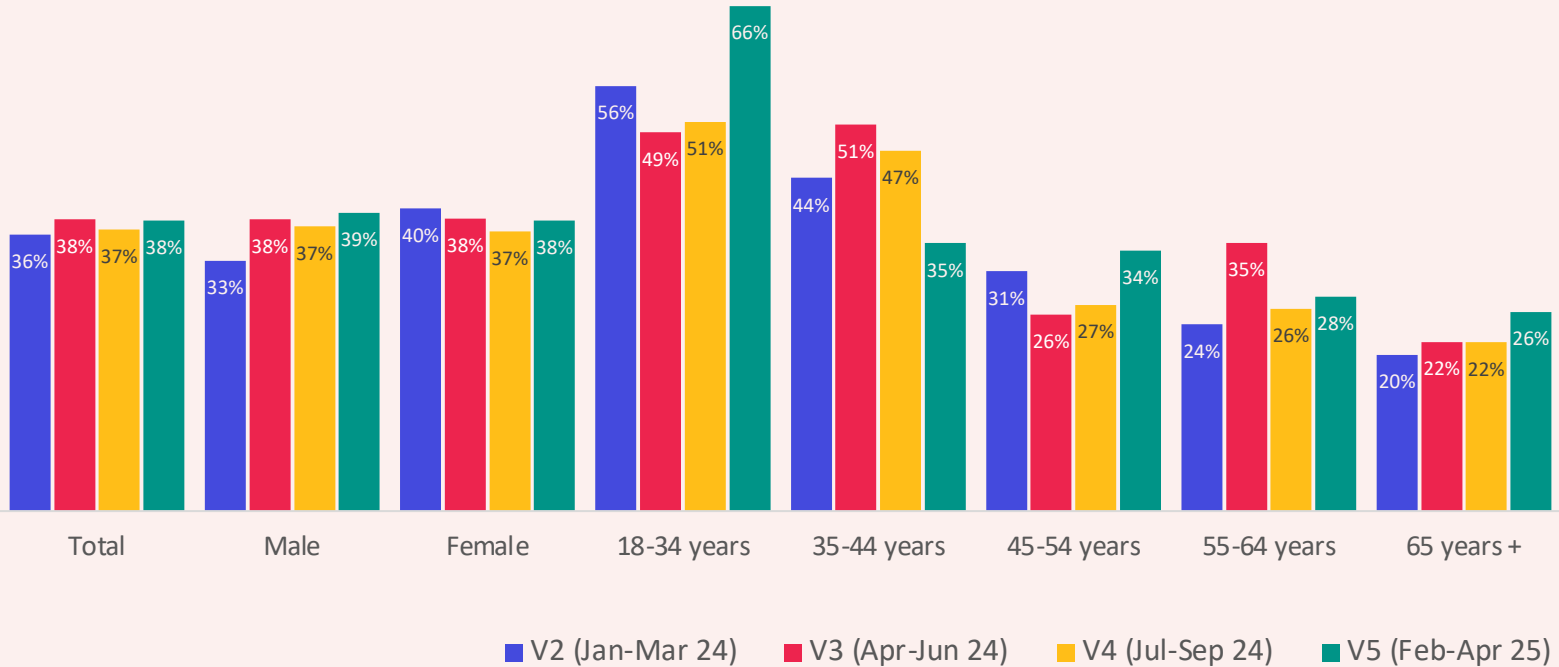
LOYALTY

Encouraging customers to leave reviews and the role of loyalty schemes in driving footfall to venues.



Customer review participation when visiting pubs, bars, and restaurants.

Breakdown, by demographic, of the % of customers who HAVE LEFT a review after visiting a pub, bar, or restaurant within the 3-month period.

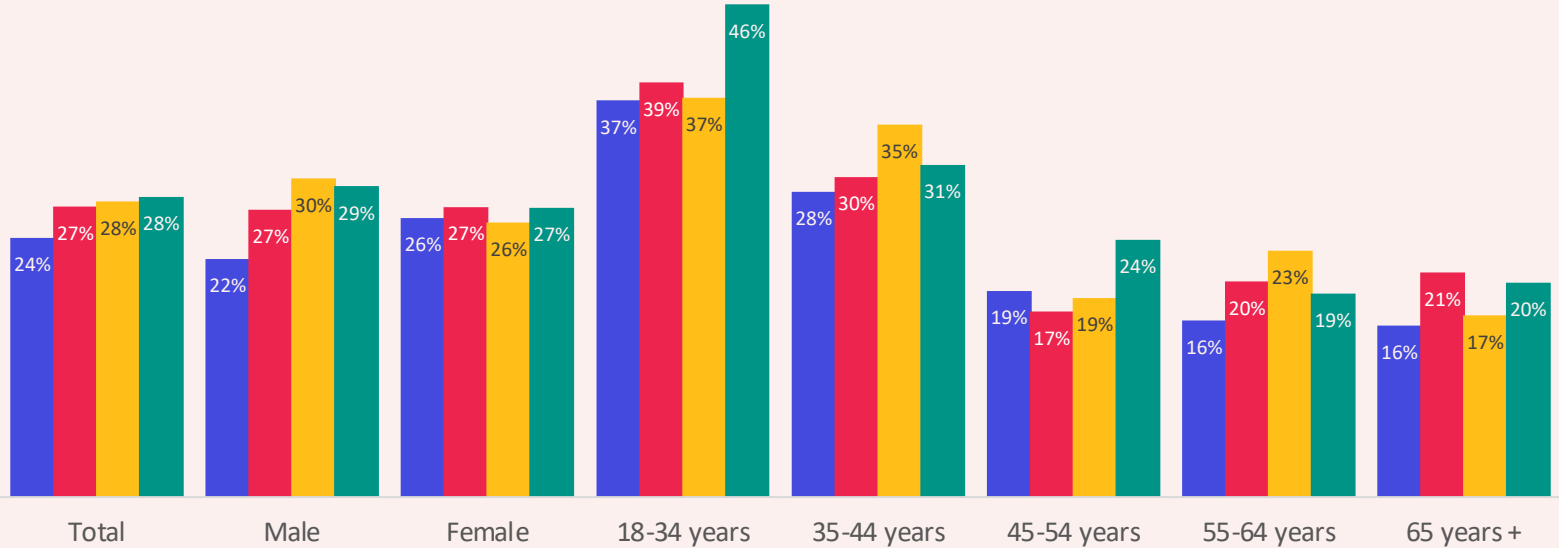


Q. Have you ever left a review of a pub, bar or restaurant that you've visited in the last 3 months?



Current pub, bar and restaurant loyalty scheme participation.

Breakdown, by demographic, of the customers who have been part of a pub, bar or restaurant loyalty scheme in the last 3 months.



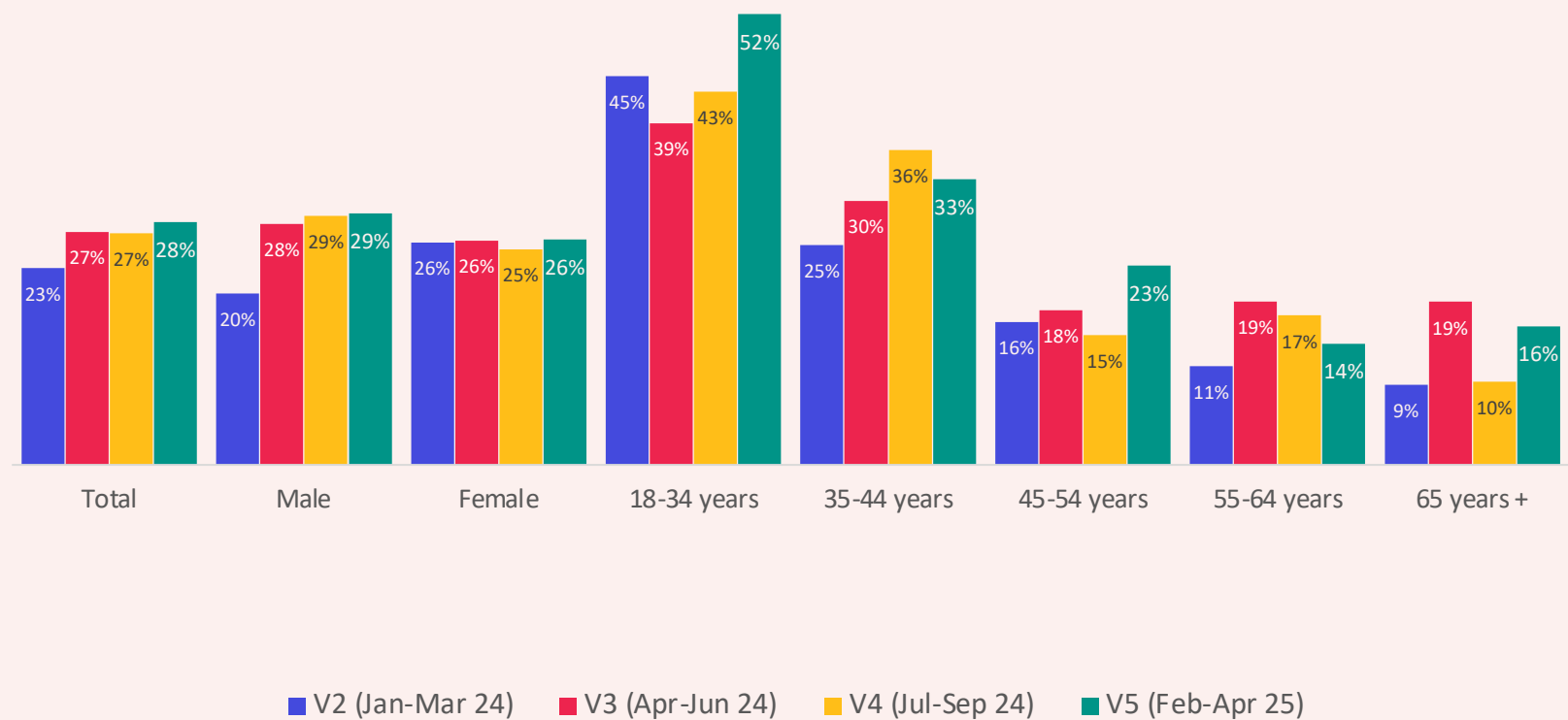
Q Are you part of any pub, bar or restaurants loyalty schemes?

■ V2 (Jan-Mar 24) ■ V3 (Apr-Jun 24) ■ V4 (Jul-Sep 24) ■ V5 (Feb-Apr 25)



Has a loyalty scheme influenced a customer visit to a pub, bar or restaurant?

Breakdown, by demographic, of those customers who say they've been influenced by a loyalty scheme to visit a particular pub, bar or restaurant, in the last 3 months, for the period.



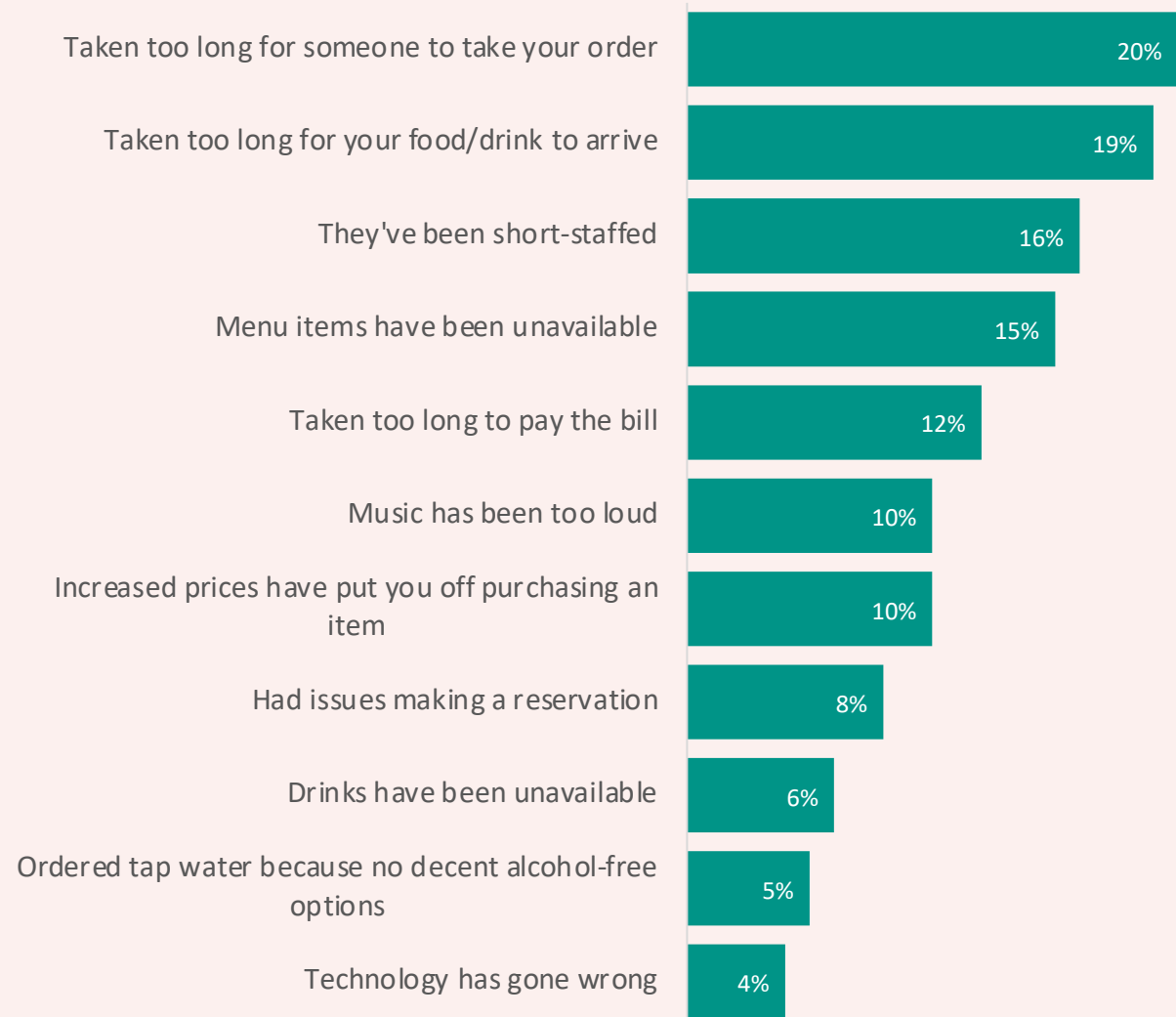
Q Has a loyalty scheme influenced you to visit a specific pub, bar or restaurant in the last 3 months?



Barriers to customer loyalty

These are the top answers given when we asked UK adults what, if any, negative experiences have they encountered when visiting a restaurant or pub/bar in the last 3 months – that might prevent them from returning.

Q. Which of the following has happened to you when visiting a restaurant or pub/bar in the last three months?



■ V5 (Feb-Apr 25)

BENEFITS OF GETTING LOYALTY SCHEMES RIGHT FOR THE CUSTOMER.

If pubs, bars and restaurants improved their loyalty schemes, in the next 3 months, do you think it would influence you to do any of the following?



VISIT MORE

40% of consumers would visit more often.

Compared to 40% for the previous wave



SPEND MORE

19% of consumers would spend more per visit.

Up from 18% in the previous wave



STAY MORE

14% of consumers would stay longer.

Down from 15% from the previous wave



LOYALTY

29% of consumers would be more likely to return.

Up from 25% in the previous wave



ENGAGEMENT

17% of consumers would recommend to others.

Up from 15% in the previous wave

PLAN TO PLATE.



Summary

Which influences have been most impactful, and which in-venue tools have been most effective in the last 3 months?

PLAN TO PLATE.



Consumer confidence is shifting

The new KAM Hospitality Consumer Confidence Index shows a mixed picture. Many are still cautious about spending, but there are signs of resilience.

Visit frequency holding strong

UK adults visited pubs, bars, and restaurants 5.7 times per month on average, with Fridays and Saturdays remaining the most popular.

Top social drivers: quality, atmosphere, and value

When choosing a venue, quality of food and drink leads the way especially for meals. Atmosphere, value, and location are key for drinks.

Discovery and decision-making are digital

General internet searches and Google Maps are now the top tools used to discover venues. Menus and social media also play a critical role.

Menu descriptions drive choices

Menu descriptions influence food choices more than price, with “local,” “fresh,” and “seasonal” tags boosting appeal.

Staff influence still untapped

Less than half of guests experienced a staff recommendation, yet most are open to them—especially for food.

Tech adoption on the rise

Over 50% of customers have used QR codes or digital screens in venues, mostly to browse menus or place orders.

Loyalty still has room to grow

Just a small proportion are actively engaged in loyalty schemes but those who are say it significantly drives footfall.

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KAM

Source: KAM Plan to Plate Tracker (May 2025)

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Our team is all over the industry landscape, regularly uncovering the trends, challenges, and opportunities that matter most. We'll keep you one step ahead, so you can make smarter decisions and navigate the industry like a boss.

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KAM

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So much more than just a research agency, KAM is the supportive voice of the UK hospitality industry. We take pride in offering cutting-edge consultancy backed by deep insights. We thrive on providing our clients with valuable and actionable insight solutions that drive real results and purposeful change. If you're ready to be informed, educated, and inspired, hop on board and let's embark on an exciting journey together.

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